

Life Orientation: GRADE 10 Examination

June 2014



EXAMINER: Kowlesur

MODERATORS: van Eck/Chetty

MARK ALLOCATION: 130 marks

TIME: 2 hours

INSTRUCTIONS:

- Write your LO teacher's name on your answer sheet, along with your name.
- Read through all the questions carefully and then answer each question to the best of your ability.
- Use the mark allocation as a guide to how much you need to write in your answers. This exam is designed to assess your opinions and ideas so make sure you explain your answers well.
- This exam has three sections, A, B and C.
- Write only in black or blue pen. Rule a margin on the right hand side of your page.
- Label your answers clearly, as they are labelled on the question paper. Write neatly!
- Leave a line between each question.
- GOOD LUCK-give it your best!

SECTION A: SHORT QUESTIONS

QUESTION 1:

DEFINE THE FOLLOWING TERMS:

- a) Self awareness
- b) Self development
- c) Democracy
- d) Addiction
- e) Elective
- f) Power relations
- g) Constitution
- h) Dignity
- i) Environmental Justice
- j) Discrimination

(2 X 10 = 20)

QUESTION 2:

Write the following abbreviations out in full:

- a) NSC
- b) STI
- c) ARV
- d) UN
- e) IEC

(1 X 5 = 5)

QUESTION 3:

STATE WHETHER THE FOLLOWING STATEMENTS ARE TRUE OR FALSE. IF YOUR ANSWER IS FALSE, THEN RE-WRITE THE SENTENCE IN THE CORRECT FORM. (10)

- a) Mind-mapping mimics on paper exactly what is happening in your brain.
- b) South Africa's first democratic elections were in 1996.
- c) Work ethics are values which guide good behaviour in the work place.
- d) Freedom of assembly means that everyone can join with other people for whatever reason.
- e) The African Union is an international organisation promoting Human Rights in Africa.
- f) Gender violence is an example of a negative type of power relations
- g) To ensure fairness in sport, based on biological differences, men and women compete against each other.

QUESTION 4:

MATCH THE WORDS IN COLUMN A TO THE WORDS IN COLUMN B. WRITE DOWN ONLY THE NUMBER AND THE LETTER OF THE CORRECT ANSWER. (10)

COLUMN A	COLUMN B
1. Power	A. Includes the community domain
2. Being domain	B. Forwards and downwards movement of body
3. Becoming domain	C. Awareness of our worth as a person
4. Belonging domain	D. Includes the growth domain.
5. Lunges	E. ability of a joint to move through a complete range of motions.
6. Muscular endurance	F. A natural part of something
7. Flexibility	G. Control or authority over another person
8. Self esteem	H. The first words in the Constitution.
9. Inherent	I. Ability to do something over and over again without getting tired.
10. Preamble	J. Includes the spiritual domain

QUESTION 5:

FILL IN THE MISSING WORD. CHOOSE THE CORRECT WORD FROM THE WORD BANK BELOW. (10)

TIME	CRITICAL	CONCEPTS	SUMMARY	LEARNERSHIPS
FORMAL	ACTIVE	REPEATED	ANNUAL	MIND MAPPING

- a) A _____ is a brief statement of the main points of a text
- b) An exam is an example of _____ assessment.
- c) Being able to evaluate and question are examples of _____-thinking skills.
- d) _____ study plans include deciding on your study plans for the year.
- e) Keeping a homework diary helps most students with _____ management.
- f) _____ listening takes place when you are involved in the conversation or lesson.
- g) Duplicating or triplicating work is an example of _____ learning.
- h) _____ creates visual maps or plans which your brain identifies with instantly.
- i) _____ are training systems that allow learners to gain effective skills in the workplace.
- j) _____ are the main ideas that are explained in a book or in a lesson in class.

QUESTION 6

ANSWER THE FOLLOWING SHORT QUESTIONS:

- a) List 2 non-designated subjects offered at Hillcrest High(2)
- b) List 3 benefits of physical exercise.(3) (5)

TOTAL SECTION A: 60 MARKS

SECTION B: CASE STUDIES.

ANSWER ALL 3 QUESTIONS.

QUESTION 7:

Consider the following statements and then answer the questions that follow:

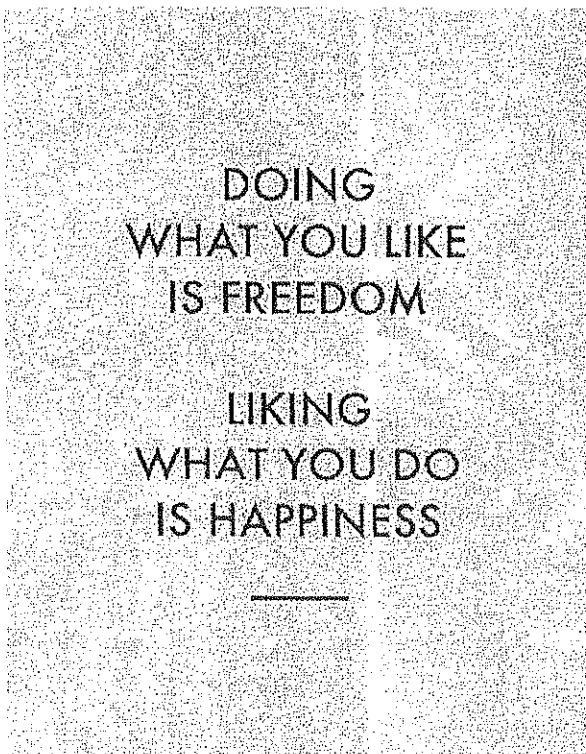
“South Africa is a diverse country, with people from many different cultures.” Oxford Successful Life Orientation (2011). The merging of the different cultures is clearly evident in the various institutions, for example, schools.

- a) Explain what Cultural Diversity means. (2)
- b) Consider Hillcrest High School. Discuss 3 ways that Cultural Diversity can enrich your life at school.(3X2)
- c) Discuss 2 challenges that pupils can face with regard to Cultural Diversity.(2X2)
- d) Suggest 3 ways that Hillcrest High can help pupils to be more culturally diverse. (3)

(15 marks)

QUESTION 8:

Examine the images below. Both deal with the importance of liking your job. Then answer the questions that follow:



- Define the term 'career' (2)
- List 4 benefits of working in a job that you like(4)
- Discuss the negative effects of following a career that you do not like on the:
 - Physical being domain(3)
 - Physical belonging domain(3)
- Where can a learner get advice on career planning.(1)

(13 marks)

QUESTION 9:

Refer to the case study below, from the *Highway Mail January 2014*, and answer the questions that follow:

Donation nurtures veggie garden project

EMPILWENI Primary School in Botla's Hill will be able to grow much needed vegetables in their new veggie gardens thanks to the generous donation from *Farmyard Organics*.

Together with the Gardener magazine, Builders' Warehouse and the Ripples for Good Foundation, who each contributed towards this initiative, *Farmyard Organics* donated 350 bags of compost, potting soil and bark chips valued at R6000 to the school.

The vegetable gardens were constructed out of wooden boxes, filled with potting mix and compost. The Empilweni learners and teachers then planted a large variety of seasonal vegetables.

The vegetable boxes have been covered with shade cloth for protection from the elements and insects. The bark chips have been used to decorate the garden and to protect the plants from changing weather.

Zanele Chili, the principle at Empilweni Primary School said the project would not only benefit the learners, but the entire community.

"Because we serve learners from an area of mainly RDP housing, most of our families are unemployed and



THE principle of Empilweni Primary School, Zanele Chili, helping the learners to spread *Farmyard Organics* Potting Mix before planting vegetables in their brand new vegetable garden.

have very little food.

"We hope the children will be able to take vegetables home to their families and teach them how to make their own vegetable gardens," said Chili.

John Kidger, the owner of *Farmyard Organics* said he was always

happy to support a cause that helped families in these areas to learn how to provide for themselves.

"Children need a source of healthy vegetables to be able to apply themselves in the classroom. We are honoured to be a part of such a project," he said.

- Name 2 organization that have contributed to this project. (2)
- Identify one social issue that this project is addressing.(1)
- How will the community benefit from this project (1)
- Food security is threatened by 4 things. Identify and provide an example of each of these 4 things. (8)

(12 marks)

TOTAL SECTION B: 40 MARKS

SECTION C: ESSAYS

Choose 2 out of the following 3 essays to answer. Label your choices clearly.

QUESTION 10

"There have been many changes in gender roles in both the home and workplace over the past few years".

Take into consideration the above statement and write an essay on how gender roles have changed. Remember to include the following in your discussion:

- a) How gender roles have changed in the workplace(5)
- b) How gender roles have changed in the home(5)
- c) Challenges that the changes in gender roles have brought to society(5)

(15 marks)

QUESTION 11

"A real man does not prove his manhood by controlling women"

Write an essay in which you

- a) Discuss ways in which a real man can prove his masculinity in a respectful manner(5)
- b) Identify and discuss 5 types of gender based violence as outlined in your textbook.(5X2=10)

(15 marks)

QUESTION 12

School clearly proves to be stressful for many high school learners. Effective use of study skills and study methods help to ease this stress.

Write an essay in which you explore ways to improve learning. Remember to include the following in your essay:

- a) The benefits of reading(3)
- b) The SQ3RW technique. Remember to identify what each abbreviation means and to discuss each one.(6X2)

(15 marks)

TOTAL SECTION C: 30 MARKS

TOTAL FOR PAPER: 130 MARKS.