



GRADE 9 LIFE ORIENTATION 2014

INSTRUCTIONS

- **Write your name, grade, date and LO teachers name at the top of your paper**
- **Rule a right hand margin on every page**
- **Leave a line between questions**
- **Use only a BLUE or BLACK pen please.**
- Read through all the questions carefully and then answer each question to the best of your ability.
- Use the mark allocation as a guide as to how much to write in your answers. This exam is designed to assess your opinions and ideas so MAKE SURE you EXPLAIN your answers well.
- This exam has three sections, A B and C. You need to answer all the questions in all the sections.
- Label your answers clearly as they are labelled on the question paper. Write neatly.
- Remember that you have put in is what you get out!
- GOOD LUCK – Give it your best!

SECTION A Answer all the questions in this section.

43 Marks

QUESTION 1:- Understanding terms

Explain in your **OWN** words what you understand by each of the following terms:

- | | |
|------------------|-------------|
| 1.1 Media | (1) |
| 1.2 Consequences | (1) |
| 1.3 Impulsive | (1) |
| 1.4 Learner ship | (1) |
| 1.5 FET College | (1) |
| 1.6 Flexibility | (1) |
| 1.7 Abstain | (1) |
| 1.8 fragile | (1) |
| 1.9 Mnemonic | (1) |
| 1.10 Self esteem | (1) |
| | (10) |

Question 2: - Multiple Choice

Choose the correct answer. Write the correct letter only.

1.1 Values are:

- A) Materialistic things which cost a fortune. (1)
- B) Sentimental things your family gave you
- C) A list of things you treasure
- D) A set of principals or standards as to how we live.

1.2 A way to stay true to your values is:

- E) Make your own choices; don't run with the crowd. (1)
- F) Respect yourself.
- G) Think about your goals and act accordingly.
- H) All of the above

1.3 Setting goals:

- I) Is a bad idea because if you do not achieve them you will feel bad. (1)
- J) Is a good idea because it will help to direct and focus your efforts.
- K) Should always be done at the beginning of the year and not adjusted.
- L) Is done to make people like your parents happy.

1.4 The following is an example of a SMART goal:

- M) Pass Grade 9 with good marks (1)
- N) Pass Grade 9 in June with 60% in English and 70% this year and improve by 5% for the end of the year.
- O) Pass Grade 9 with 50% in my languages and 70% for the rest of my subjects.
- P) Having four code 6's and three code 5's

1.5 The following is an example of a short term goal:

- Q) Stick to my study timetable this week. (1)
- R) Pass Grade 9
- S) Be accepted into a University to study a BCom.
- T) Get into the First Team hockey by the end of the year.

1.6 The following is an example of a long term goal:

- U) To find my homework under the bed (1)
- V) To learn for my test tomorrow.
- W) To pass Grade 9 in 2014.
- X) To Pass the NSC with enough points to enter the college or University of my choice.

(6)

Question 3: - Match the columns.

Write only the number and the correct corresponding letter, e.g. 1 B

(10)

1	Passive behaviour	A	Accessed immuno -deficiency system
2	AIDS	B	You let others know about your needs and wants, and at the same time consider the needs and wants of other people; you stand up for your rights while respecting the rights of other people.
3	Abstinence	C	This word means to renew or make alive again.
4	Aggressive behaviour	D	Acquired immune – deficiency syndrome
5	Assertive behaviour	E	You avoid the problem and letting someone be disrespectful to you; you are not respecting yourself or requiring other people to respect you.
6	Uniqueness	F	Human immune –deficiency syndrome
7	Customs	G	This is the action we take for which we can be blamed or congratulated, when we are accountable for our behaviour
8	Rejuvenate	H	The practice of not participating in something as a choice eg abstaining from sexual activities
9	Responsibilities	I	Different religions, cultures and languages
10	Diversity	J	The recognition of being one of a kind, special, having particular talents or gifts
		K	Behaviour that is hurtful, you do not respect the other person.
		L	This word describes the commonly accepted rituals of culture.

QUESTION 4: - True or False**(12)**

State whether the following statements are true or false (1 mark). If they are false you must correct the sentence (1mark). If your explanation is incorrect you will get 0 for the question.

4.1 People who have STI's are at higher risk of contracting HIV.

4.2 Swimming in public pool does not increase the risk of contracting HIV.

4.3 ARV's are medications that are used in the treatment of HIV.

4.4 Substance use and abuse is a risk factor that can lead to unhealthy sexual behaviour.

4.5 Schools are allowed to expel pregnant teenagers.

4.6 If you do not accomplish your goals you are a failure.

4.7. When setting your short term goals you should think of your medium and long term goals to make sure that they all fit together.

4.8 HIV /AIDS can be contracted through donating blood.

4.9 HIV/AIDS cannot be passed on by hugging your friend and drying their tears.

Question Five – Fill in the missing word. Only write the relevant number and the correct word.

Some of the physical consequences of unhealthy sexual behaviour include unwanted ____1____, sexually transmitted ____2____ (STI's) and the risk of contracting HIV, which stands for Human ____3____ Virus. The only way to avoid these consequences entirely is ____4____. There is no such thing as 100% safe sex but using ____5____ does make sex safer.

(5)

SECTION B Answer all the questions in this section.

43 Marks

Question 6:

- 6.1 What is the purpose of setting a goal? (2)
- 6.2 Role models can be an inspiration to us. Name 5 characteristics a positive role model should have, according to the theory you have learnt in your grade 9 LO textbook. (5)
- 6.3 Name a positive role model that you look up to and state one reason why you admire them. (2)
- 6.4 Explain 3 ways in which friends and peers influence your life. (3)
- 6.5 Time management is an important part of being a successful student. Mention 3 ways in which good time management can help you in your success during exam time. (3)
- (15)

Question 7:

Read the following extract and answer the questions below.

Approximately 30% of teenagers in South Africa report ever having been pregnant, the majority, unplanned. While the number has decreased over the past few decades, it is still unacceptably high. The figure is for all teenagers (13 to 19 years old), but motherhood for an 18 or 19 year old has very different implications than for a young teenager, one aged 15 for example .

Adapted from the executive summary of A review of Teenage Pregnancy in South Africa. – experiences of schooling and knowledge and access to sexual and reproductive Health Services , Samantha Willan April 2013.

- 7.1 The extract makes the claim that being pregnant when 18 or 19 is different to being pregnant when 15.
What are 2 potential consequences of teenage pregnancy and parenthood for a teenage girl aged 15? (2)
- 7.2 Teenage Pregnancy does not only hold consequences for girls. What are 2 potential consequences of teenage pregnancy and parenthood for a teenage boy aged 15?
DO NOT REPEAT INFORMATION FROM YOUR PREVIOUS ANSWER. (2)

7.3 It is illegal for a school to deny education to a pregnant teenager. What right would be violated if they did ask a pregnant teenager to leave their school? (1)

7.4 In your opinion, how does the media influence young people's sexual behaviour? Give some examples in your answer. (4)
(9)

Question 8

8.1 Your teenage friend has fallen pregnant and has come to you for advice. Write her a letter dealing with the following:-

- What her options are (2)
- Where and who she can go to for further support and advice (3)
- What she should do in the future to ensure that this does not happen again (3)

Write down what you will say in your letter. You will receive a maximum of 2 marks for your skills in writing a logical and appropriate letter with an introduction and a conclusion. (2)

(10)

SECTION C: - Answer all the questions in this section

34 Marks

Question 9

Study this job advert and answer the questions that follow:

EMPLOYMENT OPPORTUNITY

Caterham's most exclusive fitness facility has vacancies for:

FULL & PART TIME FITNESS COACHES

Applicants must have:
A recognised fitness instructor qualification,
a passion for fitness & a desire to help others achieve their goals.

This opportunity will include excellent benefits.

Please send in C.V and cover letter to
The Manager,
The Village Health Club,
Weston Drive,
Caterham,
Surrey CR3 5XY

9.1 What job is this advert advertising? (1)

9.2 What legal document do you sign when you get employed for a job? (1)

9.3 List 4 types of information you would find in this document (4)

9.4 Employers should promote a good working environment. Name 2 things they could do to help make the working space enjoyable for their employees? (2)

9.5 Name the 4 compulsory subjects you would have to take in order to qualify for a NSC matric certificate (4)

(12)

Question 10

South Africa is a democratic society.

10.1 What responsibilities are important for the right of "Freedom of Expression"? (2)

10.2 What is meant by a **multi-party** democracy? (2)

10.3 Mention 3 advantages of having a democratic government (3)

10.4 Explain what accountability means (2)

10.5 Name South Africa's ruling party. (give their full name, not the abbreviated version) (1)

(10)

Question 11

Read the following case study and answer the questions below.

Sipho is a 14 year old boy. He needs help using the four decision making skills you have studied.

Sipho is a good rugby player. He is top in his chess team. He has been playing both of these from Primary School. This year he is in line to represent Pinetown in the KZN Championships and he is also playing in the Under 15A Rugby Team. All his old friends are in the Rugby team. His friends are worried about his new friends and the peers he is hanging out with. The team plays twice a week and matches on Saturday. Sipho plays chess twice a week in the evening and a match on Friday,

However he feels he is missing out playing and spending time with some of his new friends. Most of them don't participate in any activities in or out of school. They play cards, games on their tablets and smoke after school. They say they can get him an ipad cheap! This seems very exciting to Sipho.

He has told his mother he wants to quit rugby. His mother won't allow him to do this as she says he will regret the decision later. His new friends tease him and say he is a mummy's boy.

Lately he has begun to bunk rugby training and has ditched one of his chess games to hang out with the other boys. He does not want to be a sissy.

This action has made him feel worried and upset as his rugby friends are bugging him, to return to them and stop messing around with the other boys He is also worried as he realizes he is betraying his mothers trust in him..

11.1 Write out the four steps in the decision making process that you learnt from your textbook (4)

11.2 Write an email to Siphon explaining to him how he can use these to help him make a good decision with his problems.

- Show with each step as to how Siphon could solve his problem in a positive way. (3)
- Choose the most appropriate decisions. (3)
- In your writing explain clearly to Siphon how and why he should implement the steps (2)

Total marks 111