

## LIFE ORIENTATION: GRADE 8

### JUNE 2015 EXAMINATION



**NAME:** \_\_\_\_\_

**Class:** \_\_\_\_\_

**LO TEACHER:** \_\_\_\_\_

**EXAMINER: MRS MCLAUGHLIN**

**MODERATOR: MRS SINGH**

**MARK ALLOCATION: 130 marks**

**TIME: 2 hours**

#### **INSTRUCTIONS:**

- Read through all the questions carefully and then answer each question to the best of your ability.
- This exam has TWO sections, A and B. All questions are **compulsory**.
- Answer Sections A on the question paper. **Section B must be answered on the ruled paper attached.**
- Write only in black or blue pen. Rule a margin on the right hand side of your page for Section B.
- Remember to write your name and your LO teacher's name in the space above.

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#### **THIS TABLE TO BE FILLED IN BY THE TEACHERS ONLY**

Q1(12)	Q2(10)	Q3(10)	Q4(10)	Q5(10)	Q6(12)	Q7(16)
Q8(18)	Q9(17)	Q10(8)	Q11(7)	130	70	%

**SECTION A:**

**Question One**

Define the following in your own words:

a)polygamy: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

b)drug trafficking: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

c)self-concept: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

d) substance abuse: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

e)motivation: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

f) addiction: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(12)

**Question Two:**

Fill in the missing words by choosing the correct word from the word box.

<b>counselling</b>	<b>aggressive</b>	<b>peer pressure</b>	<b>synthetic</b>	<b>alcohol</b>
<b>abuse</b>	<b>passive</b>	<b>rehabilitation centre</b>	<b>natural</b>	<b>inhalant</b>

Substance \_\_\_\_\_ means using a legal or illegal substance in the wrong way. Young people get addicted to all kinds of substances such as \_\_\_\_\_, dagga, cigarettes, as well as medication, glue or petrol. When the substance is sniffed, it is known as an \_\_\_\_\_. When someone is addicted they have an uncontrollable need for a substance. In order to get help, they can go to \_\_\_\_\_ or check into a \_\_\_\_\_. Reasons that teenagers often get addicted include \_\_\_\_\_ and boredom. Someone with a \_\_\_\_\_ personality type will be more easily swayed than an assertive person. Dagga is an example of a \_\_\_\_\_ drug while whoonga is an example of a \_\_\_\_\_ drug. Whoonga makes a person highly \_\_\_\_\_. (10)

**Question Three:** Multiple Choice: Choose the correct answer from the options below. Only write the answer letter in the table below:

3.1	3.2	3.3	3.4	3.5
3.6	3.7	3.8	3.9	3.10

3.1) Passive behaviour is characterized by:

- A) Being a pushover
- B) Avoidance
- C) Inability to express your own thoughts and opinions
- D) All of the above

3.2) Self-concept and self-motivation are influenced by...

- A) the media.
- B) one's friends and peers.
- C) one's religion and community.
- D) all of the above.

3.3) A person's self concept

- A) is the idea or image you form about yourself.
- B) stays the same throughout life.
- C) reflects your parents values
- D) only starts developing in the teenage years.

3.4) An example of positive self talk would be:

- A) I must do better than this.
- B) I am not that bad at maths.
- C) I am a poor friend.
- D) I like going to movies with my friends.

3.5) Using colour, pictures, maps and diagrams while studying is a learning strategy that is most suitable for a/an...

- A) auditory learner.
- B) visual learner.
- C) tactile/kinesthetic learner.
- D) reading and writing learner.

- 3.6) Chewing gum, walking around, taking frequent study breaks and squeezing an object in your hands while studying are learning style that are most suitable for a/an...
- A) auditory learner.
  - B) visual learner.
  - C) tactile/kinesthetic learner.
  - D) reading and writing learner.
- 3.7) Repeating information out loud or making songs, jingles, rhymes and mnemonics while studying are learning style that are most suitable for a/an...
- A) auditory learner.
  - B) visual learner.
  - C) tactile/kinesthetic learner.
  - D) reading and writing learner.
- 3.8 Engaging in research, reading over content repeatedly and making summaries of content to be memorized are learning style that are most suitable for a/an...
- A) auditory learner.
  - B) visual learner.
  - C) tactile/kinesthetic learner.
  - D) reading and writing learner.
- 3.9 A learning style can be defined as...
- A) the type of colours you like to use when making study notes.
  - B) the way a person prefers to internalise, organise, store and use information.
  - C) your approach to solving problems in relationships.
  - D) the way you relate to your teachers.
- 3.10 Learners who learn well when discussing concepts with friends or teaching content to each other may be described as...
- A) solitary learners.
  - B) visual learners.
  - C) aural learners.
  - D) logical learners

**Question 4:** Career categories: Match the Skills in Column A to the Career in Column B.  
Only write the answer letter in the table below.

1	2	3	4	5	6	7	8	9	10
<u>COLUMN A- Skills</u>					<u>COLUMN B-Career</u>				
1) notices details in things or pictures. Notices differences in shapes and colours					A) architect				
2) Works in a hospital. Has good knowledge of the body.					B) lawyer				
3) notices details and finds mistakes in numbers, spelling and punctuation.					C) receptionist				
4) can look at flat drawings and see them in three dimension					D) teacher				
5) Can fix broken machinery.					E) surgeon				
6) Social and interacts well with young people. Able to reason. Closely related to education					F) mechanic				
7) Solves problems. Has technical knowledge. Helps you connect to the Internet					G) accountant				
8) does math quickly and correctly and works with business transactions					H) art critic				
9) Communicates information and ideas clearly. Works at a court					I) computer technician				
10) speaks clearly and is polite. Interacts well with strangers					J) editor				

**Question 5:**

Indicate whether the following statements are TRUE or FALSE. Choose the answer and write only 'true' or 'false' next to the question number in the table.

5.1 You are born with a specific self image. There is nothing you can do to change it.	
5.2 Being co-dependent is a characteristic of a healthy relationship.	
5.3 To compare ourselves to what the media portrays as beautiful or attractive is not good for our self-concept.	
5.4 External motivation is when you are motivated by your parents to achieve a goal	
5.5 To be motivated by fear means to do something because you want to get the reward for it	
5.6 Sexual identity is whether we are heterosexual, bisexual or homosexual.	
5.7 The IDEAL problem solving strategy is useful for solving problems step by step, by weighing up your options and choosing what is best	
5.8 Empathy means to feel sorry for someone	
5.9 To be able to compromise is a vital part of a successful relationship	
5.10 Remuneration means the money you are earning by having a job	

(10)

**TOTAL SECTION A: 52 marks**

**SECTION B:**

**Question Six:**

Look at the image below and answer the questions:



- a) Do you agree with the statement “alcohol is a drug”? Explain your answer. (3)
- b) What does it mean when they say “alcohol causes dependence”? (2)
- c) What does the symbol in the red circle with a line going through it mean? (1)
- d) Why are they warning people against doing the above mentioned action? (2)
- e) Why is it important for all alcoholic drinks to state their percentage of alcohol on the bottle or can? (2)
- f) Why is the daily dosage of alcohol lower for women than for men? (2)

(12)

### **Question Seven:**

Read the case study and answer the questions that follow:

Erika is a 15-year old girl who is an only child living in an upmarket area quite far from her friends. She lives with her parents, but Erika's dad works very hard and is hardly ever home. When he is home he likes to relax and get rid of stress by drinking with his friends and throwing big parties. Erika's mom is also hardly ever home and often drinks during the day. Erika feels very lonely a lot of the time and is afraid to invite friends around because her mom is often drunk and yells at her a lot. Erika's parents show their love by giving Erika lots of pocket money and buying her gifts, but they do not often monitor what she gets up to. Sometimes they go away on holidays and leave Erika to look after herself. When they do this she throws wild parties for anyone that wants to come because it makes her feel popular. Erika spends a lot of time on Facebook and other forms of social media as it is the easiest way for her to hang out with friends

- a) How is the absence of her parents affecting Erika's life? (2)
- b) Do Erika's parents show her love in the correct manner? Explain why or why not. (2)
- c) How do you think social media is influencing Erika's life? (2)
- d) Do you think Erika has a high self-esteem? Yes or No. (1)
- e) How can her self-esteem be improved? Give 3 suggestions. (3)
- f) Give 2 reasons from the case study why Erika may become vulnerable and be easily influenced to use drugs (2)
- g) If Erika did start to use drugs, what physical and emotional changes could be noticed as a sign that she has started to use drugs? Mention 2 physical and 2 emotional changes. (4)

(16)

### **Question Eight:**

- a) Where does government get their main source of income from? (1)
- b) Name and explain 3 types of the above-mentioned answer. (3 x 2 =6)
- c) What should the government be using the above mentioned money to do? Name 3 specific things. (3)
- d) Mention 3 ways in which employed people contribute positively to the economy of a country (3)
- e) Name the facility/institution which provides us with the following needs: (5)

- 1) water
- 2) security
- 3) health care
- 4) education
- 5) recreation

(18)

**Question Nine:**

Look at the pictures and answer the questions below:



- a) Define the term 'learning styles' (2)
- b) The above 4 pictures match up to the 4 different learning styles you have been taught about. Match the pictures labelled A, B, C and D to the correct learning style. (4)
- c) How would the girl with the paint on her hands learn best? (2)
- d) How would the little boy holding his ears be distracted in a classroom environment? (1)
- e) How does the girl with her hands around her eyes need to be stimulated in order to learn well? (2)
- f) What learning style are you? Give one reason why. (2)
- g) Describe two study methods which are well suited to your specific learning style, as mentioned in your above answer, and state why they are useful to you. (2x2=4)

**Question Ten:** Look at the image below and answer the questions that follow:



- “Friendship is supposed to be a two-way street”. Explain what you think this means. (2)
  - List 4 important qualities that are needed in order to have a successful friendship with someone. (4)
  - If you find yourself at a ‘friendship dead end’, what is an appropriate way to end the relationship? (2)
- (8)

**Question Eleven:**

Read the following quote and answer the questions that follow:

*"We've got this gift of love, but love is like a precious plant. You can't just accept it and leave it in the cupboard or just think it's going to get on by itself. You've got to keep watering it. You've got to really look after it and nurture it." - John Lennon*

- Recommend THREE ways that one can “look after” and “nurture” a relationship. (3)
- Explain the role of communication in developing and maintaining healthy relationships. (4)

(7)

**TOTAL SECTION B: 78 marks**

**TOTAL OF EXAM: 130 marks**