

LIFE ORIENTATION: GRADE 8

JUNE 2018 EXAMINATION



EXAMINER: MR FARQUHAR

MODERATOR: MRS MCLAUGHLIN

MARK ALLOCATION: 70 Marks

TIME: 1 hour

NAME: _____

Class: _____

LO TEACHER: _____

INSTRUCTIONS:

- Read through all the questions carefully and then answer each question to the best of your ability.
- This exam has THREE sections, A and B (all questions are **compulsory**) and C (choose 2 out of the 3 essays)
- The paper consists of 9 questions, answer all the questions on this question paper.
- Remember to write **your name** and **your LO teacher's name** in the space above.

THIS TABLE TO BE FILLED IN BY THE TEACHERS ONLY

Q1(6)	Q2(6)	Q3(9)	Q4(4)	Q5(10)	Q6(4)	Q7(6)
Q8(5)	Q9.1(10)	Q9.2(10)	Q9.3(10)	70	%	

SECTION A

QUESTION 1

Give the definitions for each of the following words:

a) Empathy _____

b) Polygamy _____

c) Contraception: _____

d) Addiction: _____

e) Mutual: _____

f) Assertive: _____

(6 Marks)

QUESTION 2

Fill in the missing words by choosing the correct word from the word box.

Best	Oral	Visual	Practical	Primary	Focal
Fastest	Logical	Aural	Favourite	Kinaesthetic	Secondary

Learning styles are the different ways in which people take in, understand and remember skills and information.

Your learning style is the way you learn _____. Learners with an _____ learning style learn best by reading information that they are studying out aloud.

It is best for learners with a _____ learning style to break their study time into many short time periods. A _____ learner should study in a place that is quiet and with no

distractions. Students with a _____ learning style prefer working alone and function

best when they keep to a routine. Most people have a learning style that they are predominantly comfortable

with; this is called your _____ learning style.

(6 Marks)

QUESTION 3

Multiple Choice: Choose the correct answer from the options below. Only write the answer letter in the table below:

3.1	3.2	3.3	3.4	3.5
3.6	3.7	3.8	3.9	

3.1) A person's self-concept.

- A) Is the idea or image you form about yourself.
- B) Stays the same throughout life.
- C) Reflects your parents values
- D) Only starts developing in the teenage years.

- 3.2) An example of positive self-talk would be:
- A) I must do better than this.
 - B) I am proud of my Math marks.
 - C) I am a bad friend.
 - D) I like going to the mall with my friends.
- 3.3) Children with Foetal Alcohol Syndrome have distinct physical features including:
- A) Small and wide set eyes
 - B) Large feet
 - C) A thin upper lip
 - D) Missing limbs
- 3.4) A career that can be placed into the social career category is:
- A) Police Officer
 - B) Dentist
 - C) Teacher
 - D) Salesperson
- 3.5) A percentage of money that is paid to the government whenever someone buys goods or services.
- A) Income Tax
 - B) Value-added tax
 - C) State Tax
 - D) Revenue Tax
- 3.6) The term given to who you are sexually attracted to:
- A) Heterosexual
 - B) Sexual Orientation
 - C) Sexuality
 - D) Sexual behaviour
- 3.7) Substance abuse can include:
- A) Alcohol
 - B) Cigarettes
 - C) Cocaine
 - D) All of the above

3.8) The following communities are ranked in order from smallest to largest:

- A) Family, school, neighbourhood, residential area, province, country
- B) Family, neighbourhood, school, residential area, province, country
- C) Family, residential area, school, neighbourhood, province, country
- D) Family, province, school, neighbourhood, residential area, country

3.9) The purpose of warm-up exercises are to:

- A) Slow down heart rate and relax muscles
- B) Build muscle
- C) Prevent injury
- D) Increase weight loss

(9 Marks)

QUESTION 4: Substance addiction: Match Column A to Column B.

Only write the answer letter in the table below.

1	2	3	4				
<u>COLUMN A</u>				<u>COLUMN B</u>			
1) Occasional user				A) This person will create opportunities to use the drug.			
2) Experimentation				B) This person will take the drug when the opportunity arises.			
3) Dependency				C) The person begins just trying the drug to see how it is.			
4) Regular user				D) This person cannot function without the drug and will do almost anything to get it.			

(4 Marks)

TOTAL SECTION A: 25 marks

SECTION B

QUESTION 5

Sexuality and relationships

Read the following scenario and answer the questions that follow:

February: Sam and Lucy have been going out for a few months. They really enjoy being around each other and have a similar sense of humour. They also both love sport, and go to loads of each other's matches.

March: Even though Lucy is Sam's first girlfriend, Sam knows that Lucy had a boyfriend before him. He knows that she has not had sexual intercourse, but it makes him feel a bit uncomfortable that she might be more experienced than him. He wonders if she is expecting him to take things further. The problem is that he is not that sure what to say or do, and he is afraid that Lucy will laugh at him if he makes a mess of it. He thinks that it would be a good idea for both of them to get drunk. Then, if things don't go right, he can just blame it on being drunk.

April: Lucy has noticed that Sam has been drinking the last few times they've been together. She hates it when he gets drunk, so she chats to other people instead. She wants to have a good time when she is out. Sam gets really annoyed when he sees Lucy flirting with everyone else.

May: Lucy knows that Sam gets jealous when she talks to other boys, but she doesn't care. She likes Sam a lot, but she doesn't like kissing him when he is drunk. He gets pushy and pressures her to have a drink too. She hates that. It's not very romantic or special and she is getting bored with it. It feels like it's been ages since they've done something really nice together.

<http://crisispregnancy.ie/wp-content/uploads/2012/06/PPP-Teacher-workbook2.pdf>

5.1) Problems have started developing in Sam and Lucy's relationship since they met. State each step of the IDEAL problem-solving process.

Step 1:

Step 2:

Step 3:

Step 4:

Step 5:

(5)

5.2) State 2 possible consequences of Sam drinking alcohol.

1. _____

2. _____ (2)

5.3) Suggest 2 refusal skills that Lucy could use to get out of a situation where she feels she is being pressured into drinking alcohol.

1. _____

2. _____ (2)

5.4) Do you think Sam has a good or bad self-esteem? Why do you think this?

(1)

(10 Marks)

QUESTION 6

Learning styles



6.1) Explain why being a kinaesthetic learner could be a disadvantage in a typical class lesson?

(2)

6.2) Which learning style do you think is better suited for learning in a typical class lesson? Explain why you think this.

(2)

(4 Marks)

QUESTION 7

World of work



Thomas is the type of man that enjoys finding out about new things. He is interested in ideas and information. He does well in his chosen career because his job requires that he is able to analyse and consider all options, to pay attention to detail, and to work alone. At school he did really well in Mathematics. People often say that he is a very rational and analytical thinker. In high school he always wanted to be a doctor.

7.1) Which career category best fits Thomas' personality?

(1)

7.2) Which two other subjects should Thomas have taken in school based on his suited career category?

1. _____

2. _____

(2)

7.3) Give two reasons why you think it is important that a person enters into a career that they are interested in?

1. _____

2. _____ (2)

7.4) People who are employed are able to contribute positively to the country's economy in many ways. State one way in which they do this.

1. _____

(1)

(6 Marks)

QUESTION 8

Substance abuse

Consider the passage below and answer the questions that follow:

HOW DOES DRUG USE AFFECT YOUR HIGH SCHOOL GRADES?

Research shows that there is a definite link between teen substance abuse and how well you do in school. **Teens who abuse drugs have lower grades, a higher rate of absence from school and other activities, and an increased potential for dropping out of school.**

Students who smoke marijuana tend to get lower grades and are more likely to drop out of high school. One recent marijuana study showed that **heavy marijuana use in your teen years and continued use into adulthood can reduce your IQ up to as much as 8 points.**

High school dropout rates have also risen as a result of substance abuse.

Teens who smoke, drink alcohol, binge drink or use marijuana or other drugs are more likely than non-users to drop out of school and less likely than non-users to attend college or obtain a college degree. One study found that nearly **one-third of school dropouts indicate that their use of alcohol or other drugs was an important contributor in their decision to leave school.**

<https://www.justthinktwice.gov/how-does-drug-use-affect-your-high-school-grades>

8.1) Substance abuse has become a serious issue, especially within schools. Suggest two ways in which Hillcrest High School could make students more aware about the dangers of drugs and alcohol?

- 1. _____

- 2. _____
_____ (2)

8.2) Explain 2 reasons why you think there has been an increase in the use of drugs and alcohol among teenagers.

- 1. _____

- 2. _____
_____ (2)

