



**LIFE ORIENTATION  
GRADE: 10  
JUNE 2019 EXAMINATION**

**NAME:** \_\_\_\_\_

**L.O. TEACHER:** \_\_\_\_\_

**EXAMINER: MRS KOWLESUR**  
**MARK ALLOCATION: 80 marks**

**MODERATOR: MR WHITE**  
**TIME: 1.5 hours**

**INSTRUCTIONS:**

- Read through all the questions carefully and then answer each question in full sentences.
- This exam has three sections, A, B and C.
- Answer Sections A and B on the question paper. **Section C must be answered on the ruled paper provided.**
- Write only in black or blue pen. Rule a **margin** on the right hand side of your page for Section C.
- Remember to write your name and your LO teacher's name in the space above.

**THIS TABLE TO BE FILLED IN BY THE TEACHERS ONLY:**

A:Q1(5)	A:Q2(5)	A:Q3(5)	A:Q4(5)	B:Q5(15)	B:Q6(15)	C:Q7(15)	
C:Q8(15)	C:Q9(15)					<b><u>80</u></b>	<b><u>100</u></b>

**SECTION A: SHORT QUESTIONS- TOTAL 20 MARKS**

**QUESTION 1:**

Identify the correct word/term that fits the description below.

[5X1=5]

1.1. This term refers to the process of gathering evidence of how well you are performing.

\_\_\_\_\_

1.2. This type of assessment is not for marks but to allow your teacher to see if you understand the work.

\_\_\_\_\_

1.3. People who engage in this type of thinking keep an open mind, and do not accept everything as true.

\_\_\_\_\_

1.4. This type of reading allows you to move your eyes quickly over the reading material until you find the piece of information you are looking for.

\_\_\_\_\_

1.5. This plan refers to a timetable for all your school subjects and activities and records, among other things, the dates you will write tests and exams.

\_\_\_\_\_

**QUESTION 2:**

[5X1=5]

What do the following abbreviations stand for:

2.1. NSC: \_\_\_\_\_

2.2. NQF: \_\_\_\_\_

2.3. FET: \_\_\_\_\_

2.4. SARS: \_\_\_\_\_

2.5. FAL: \_\_\_\_\_

**QUESTION 3:**

[5X1]

Match the words in Column A to the sentences in Column B. WRITE DOWN ONLY THE LETTER OF THE CORRECT ANSWER IN THE TABLE PROVIDED BELOW.

<b><u>COLUMN A</u></b>	<b><u>COLUMN B</u></b>
1 BEING	A. This domain refers to who you are.
2. BECOMING	B. This domain refers to what you do to achieve your goals, hopes and wishes.
3. COMMUNITY BELONGING	C. This domain includes fitting in with your physical environment.
4 JOB	D. Is the work that you do; it usually requires special education.
5 OCCUPATION	E. This refers to being employed and getting paid for working.

1.	2.	3.	4.	5.

**QUESTION 4:**

Answer the following questions in full sentences.

4.1. Discuss 2 benefits of good time management.

[2X1]

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4.2. Of what benefit is it to the teacher when learners display active listening?

[2]

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4.3. In Grade 10, how many marks per term are allocated to the physical education component?

[1]

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## **SECTION B: CASE STUDIES- TOTAL 30 MARKS**

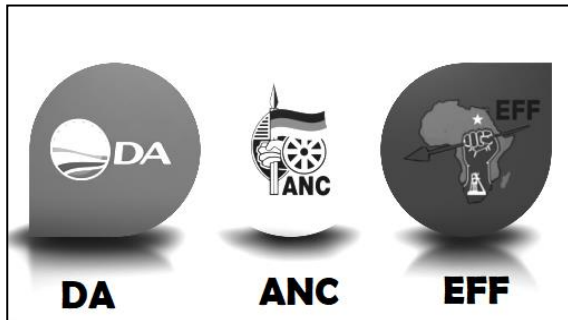
- USING FULL SENTENCES, ANSWER BOTH OF THE CASE STUDIES THAT FOLLOW.

### **Question 5: [15 MARKS]**

Refer to the article below and answer the questions that follow.

#### **South African national elections set for May 2019**

Staff Writer 7 November 2018



The Independent Electoral Commission (IEC) has indicated that the national elections will take place on a Wednesday in May 2019.

In a press conference held on Wednesday (7 November), IEC chairperson, Glen Mashinini said the official date will be confirmed by President Ramaphosa closer to the time.

The IEC also confirmed that it will hold a second and final voter registration weekend for the 2019 national and provincial elections.

“The country’s 22,932 voting stations will open from 08h00 to 17h00 on Saturday 26 January and Sunday 27 January 2019 to allow new voters to register and existing voters to update and to check their registration details,” Mashinini said.

He noted that there are currently 26.1 million registered voters on the national common voters’ roll.

Currently, the lowest voter registration levels are for voters aged 18 – 19 (15.6% of estimated eligible population) and 20 – 29 (56.7% of estimated eligible population).

He added that the IEC hopes to see at least one million voters added to the voters’ roll ahead of the 2019 elections.

“Voters should take a copy of their bar-coded ID book, smart card ID or temporary ID certificate when they go to register in the voting district in which they ordinarily reside,” he said.

“When registering, voters will need to provide their address or a description of where they live to allow the Electoral Commission to place them on the correct segment of the voters’ roll. However, documentation or proof of address is not required.”

A registration weekend is also being planned for voters living abroad at South Africa’s 120 High Commissions, embassies and consulates. The IEC said that it will announce dates once final arrangements have been concluded with the Department of International Relations and Cooperation.

The overseas registration weekend is likely to take place just before or just after the South Africa weekend and will accommodate countries which have a weekend on Friday and Saturday.

Staff Writer, 7 November 2018. South African National elections set for May 2019.

<https://businesstech.co.za/news/government/282636/south-african-national-elections-set-for-may-2019/>

5.1. What is the name of the body that is responsible for ensuring that a free and fair election process takes place? [1]

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5.2. What is the exact date that the National Election took place this year. [1]

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5.3. THREE political parties are reflected in the above picture. Write down the full names of any TWO of these parties. [2]

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5.4. “Currently, the lowest voter registration levels are for voters aged 18 – 19 (15.6% of estimated eligible population)”.

Provide an explanation for the low voter registration levels for this age group. [2]

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5.5. What is the minimum age for voting in South Africa? [1]

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5.6. Political Rights is one of our basic human rights in the Bill of Rights. In which document is the Bill of Rights contained? [1]

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5.7. South Africa is often referred to as the “Rainbow Nation”. Why do you think it is referred to as the Rainbow Nation? [2]

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5.8. Discuss why it is important for people to exercise their right to vote. [2]

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5.9. At HHS, if you feel that any of your human rights are violated, list 2 designated types of people/groups that you can approach for assistance. [2]

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5.10. This article is incorrectly referenced. What is missing? [1]

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**QUESTION 6: [15 MARKS]**

Refer to the snippets below and answer the questions that follow.

**Self awareness  
doesn't stop you  
from making  
mistakes, it  
allows you to  
learn from them.**

[https://www.google.com/search?q=self+esteem+and+self+awareness&rlz=1C1NHXL\\_enZA811ZA811&source=lnms&tbm=isch&sa=X&ved=0ahUKEwiAy5\\_7npPhAhUNExQKHVx5DnsQ\\_AUIDigB&biw=1366&bih=657#imgrc=Ayw4SejHKWP7wM:](https://www.google.com/search?q=self+esteem+and+self+awareness&rlz=1C1NHXL_enZA811ZA811&source=lnms&tbm=isch&sa=X&ved=0ahUKEwiAy5_7npPhAhUNExQKHVx5DnsQ_AUIDigB&biw=1366&bih=657#imgrc=Ayw4SejHKWP7wM:)



<https://www.semesprit.com/52637/self-awareness-worksheets-for-adults/self-awareness-worksheets-for-adults-also-free-printable-self-esteem-worksheets/>

**Self-reflection is a humbling process. It's essential to find out why you think, say, and do certain things... then better yourself.**

<https://mellareese.com/self-awareness-quotes/self-awareness-quotes-best-of-self-awareness-quotes-awesome-top-100-love-yourself-self-esteem-self/>

6.1. Provide a definition of “Self-awareness”. [1]

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6.2. Discuss 2 factors that influence our self-awareness and self-esteem [2X2]

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6.3. Analyse the statement “Self-awareness doesn’t stop you from making mistakes, it allows you to learn from them”. [2]

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6.4. Provide an example to illustrate your understanding of the statement in 6.3. [2]

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6.5. Discuss 2 strategies to build confidence in yourself and others. [2X2]

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6.6. Interpret the statement: “Self- reflection is a humbling process” [2]

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**SECTION C: ESSAYS [TOTAL 30 MARKS]**

- **QUESTION 7 IS COMPULSORY.**
- **FOR YOUR SECOND ESSAY CHOOSE EITHER QUESTION 8 OR QUESTION 9.**
- **ANSWER YOUR ESSAYS ON THE RULED PAPER. DO NOT DETACH THE RULED PAPER. CORRECTLY NUMBER YOUR ESSAYS. EACH ESSAY SHOULD BE APPROXIMATELY 1 PAGE IN LENGTH.**
- **EACH ESSAY WILL HAVE A FURTHER 2 MARKS ALLOCATED FOR THE CORRECT FORMAT AND SYNTHESIS.**

**QUESTION 7: [TOTAL 15]**

**COMPULSORY**

**Socio-economic factors have a huge impact on our choice of study/career options.**

*Consider the above and write an essay in which you include the following:*

- How community needs affect our choice of careers. [2]
- The impact of stereotyping on our career choices [2]
- A discussion of 3 ways to finance our tertiary studies. [3X2]
- The importance of obtaining an NSC. [1]
- One benefit and one disadvantage of taking a gap year. [2]

**AND**  
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**QUESTION 8:** [TOTAL 15]

**There are many social issues that have a negative effect on local and global communities. Two social issues affecting our communities are crime and violence AND HIV and Aids.**

*Consider the above and write an essay in which you include the following:*

- A definition of “social issues”. [1]
- The impact of crime and violence on communities. [2X2]
- The impact of crime and violence on the economy. [2]
- 2 ways that HIV/AIDS can be spread. [2]
- The impact of HIV/AIDS on an infected individual. [2X2]

**OR**  
.....

**QUESTION 9:** [TOTAL 15]

**Unequal power relations are often seen in families and in the workplace.  
Power is not always shared equally between men and women.**

*With respect to the above, write an essay in which you include the following:*

- An explanation of the term “unequal power relations”. [1]
- The impact of unequal power relations in the workplace. [2X2]
- A discussion of how inequality in relationships can lead to sexual abuse and violence. [2X2]
- Discuss how unequal power relations impact on career and career choices. [2X2]