

**GRADE 8 LIFE ORIENTATION**

**JUNE 2021**

**HILLCREST HIGH SCHOOL**

Name: \_\_\_\_\_

Class: \_\_\_\_\_

LO Teacher: \_\_\_\_\_

The below table is for the marker. Do not write in it.

Q1-Q4	22		
Q5	19		
Q6	10		
Q7	9		
Q8	10		
Total (70)			
%			

**Question 1:**

Fill in the missing words in the sentences below.

- a) Bullying is a form of \_\_\_\_\_ peer pressure. (1)
- b) \_\_\_\_\_ is the way we feel about ourselves. (1)
- c) Your hair and eye colour are \_\_\_\_\_ characteristics (1)
- d) Our \_\_\_\_\_ is created by what we do, say, behave and post online and can have long term implications for later on in life. (1)
- e) \_\_\_\_\_ involves the sending of information/content of a sexual nature via digital text message. (1)

Question 2:

Match the concepts in COLUMN A that best matches each statement in Column B. Write only the appropriate letter (A - G) next to the number in the table below

Column A	Column B
2.1. Self concept	A. Things we say to ourselves, either out loud or in our thoughts.
2.2. Self motivation	B. What we want to achieve in a certain time frame.
2.3. Self talk	C. How you feel about yourself.
2.4. Potential	D. How you see yourself and how you think others see you.
2.5. Goals	E. When you want to do or achieve something without being told to do so.
	F. An ability we have not fully developed.
	G. Being motivated to achieve something via reward

[5]

2.1	2.2	2.3	2.4	2.5
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Question 3:

Give the term for each of the following descriptions:

- 3.1. Attracted to someone of the opposite sex \_\_\_\_\_(1)
- 3.2. Calmly and confidently standing your ground in what you believe in, while still respecting others around you. \_\_\_\_\_(1)
- 3.3. The term used to describe the preconceived ideas that society has about the roles of men and women. \_\_\_\_\_(1)
- 3.4. Mass communication to the public \_\_\_\_\_ (1)
- 3.5. Your spiritual belief system \_\_\_\_\_(1)

[5]

Question 4

Name the 6 career categories

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_
- 6) \_\_\_\_\_ (6)

Which category does a teacher fit into? \_\_\_\_\_ (1)

SECTION B

Question 5

**It seemed harmless at the time...**

I started smoking marijuana in high school. I thought it seemed harmless at the time. There were so many people saying how “bad” it was for you but they couldn’t really give me any evidence of this. So I carried on using it. At first it started out socially, I would smoke on weekends and at parties. But soon it became a habit and something I wanted to do everyday. After that, I became bored and tolerant. I needed something more. So I moved on to something a little harder and stronger. The next thing I knew my whole life and all the dreams I had for myself were gone in a flash. I didn’t even finish High school... now I look back with nothing but regret all because it seemed harmless at the time. I fell into the trap of “it won’t happen to me”.

Source: Anonymous

a) What is a synthetic drug? (2)

\_\_\_\_\_

b) Give another common name for Marijuana (1) \_\_\_\_\_

c) Other than not finishing school, describe TWO ways in which substance abuse can have an impact on your life (2x2)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

d) Describe the difference between a stimulant and a depressant drug. (2)

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e) Why should marijuana not be viewed as a harmless substance? (2)

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f) Discuss family therapy as a rehabilitation option (2)

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g) Name 2 physical signs that someone may show if they are abusing drugs (2)

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h) What is 'prescription medication' (1)

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i) What does FAS stand for? (1) \_\_\_\_\_

j) What does it mean when a substance impairs your judgment? (2)

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**Question 6:**

a) What tax is taken directly off of your salary? (1) \_\_\_\_\_

b) What does VAT stand for? (1) \_\_\_\_\_

c) What does SARS stand for? (1) \_\_\_\_\_

d) Describe what tax evasion means. (2)

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e) Give 2 examples of what tax payers money should be used for by the government (2)

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f) Give 2 examples of food items from the following list, that are not taxed. Circle them. (2)

**Eggs, Bacon, Chocolate, Tuna, Butter, Brown Bread**

g) Name an item that has 'sin tax'. (1) \_\_\_\_\_



