



**LIFE ORIENTATION**  
**GRADE: 10**  
**2022 EXAMINATION**

NAME: \_\_\_\_\_

L.O. TEACHER: \_\_\_\_\_

**EXAMINER:** MRS KOWLESUR

**MODERATOR:** MR WHITE

**MARK ALLOCATION:** 90 Marks

**TIME:** 2 hours

**INSTRUCTIONS:**

- Read through all the questions carefully and then answer each question in **full sentences**.
  - This exam has three sections, A, B and C. Answer all questions on the exam paper.
  - Write only in black or blue pen. Work in pencil or any other colour will not be marked.
  - Remember to write your name and your LO teacher's name in the space above.
  - Write neatly and legibly!
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**THIS TABLE TO BE FILLED IN BY THE TEACHERS ONLY:**

<b>Q1</b>	<b>Q2</b>	<b>Q3</b>	<b>Q4</b>	<b>Q5</b>	<b>Q6</b>
<b>Q7</b>	<b>Q8 / Q9</b>			<b><u>90</u></b>	<b><u>100</u></b>

## **SECTION A (Compulsory) 25 Marks**

- Answer all the questions in this section.

### **QUESTION 1 (5 Marks)**

Various options are provided as possible answers to the following questions. Choose the most correct answer and circle the correct letter.

1.1 Xenophobia is defined as discrimination against a person from:

- a) Another country
- b) Another city
- c) A different culture
- d) A different race.

1.2 Which of the following best describes a human rights violation?

- a) Driving in an unsafe and illegal way on purpose.
- b) Calling people derogatory names based on their gender.
- c) Driving over the speed limit in a dangerous area.
- d) Teasing someone based on something they did in the past.

1.3 Gender roles can be defined as:

- a) The ability to decide on the appropriate actions.
- b) Behaviours that are expected of men and women.
- c) Having the freedom to choose one's gender identity.
- d) Believing that everyone experiences gender similarly.

1.4 Which one of the following is an example of study skills?

- a) Time management
- b) Realistic skills
- c) Hearing skills
- d) Creative skills.

1.5 Creative thinking skills include:

- a) Thinking out of the box
- b) Mind mapping and brainstorming
- c) using your imagination when applying yourself to a particular task.
- d) All of the above.

**QUESTION 2 (10 Marks)**

Provide definitions of the following:

2.1 Social Responsibility:

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2.2 Formal assessments:

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2.3 Unemployment:

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2.4 Scanning:

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2.5 Power relations:

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**QUESTION 3 (5 Marks)**

Give one word/term for each of the following descriptions.

3.1 The document that states how a country is organised, makes other laws and is governed.

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3.2 A group of people that are helping out at an orphanage for no money or profit.

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3.3 This domain has 3 aspects: physical, psychological and spiritual.

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3.4 An African concept of togetherness and a belief that we are defined by our compassion and kindness towards others.

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3.5 Everyone has access to enough safe, healthy and nutritious food to meet their dietary needs.

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**QUESTION 4 (5 Marks)**

Write down in full what each of these abbreviations stand for:

4.1 HIV: \_\_\_\_\_

4.2 The Q in SQ3RW: \_\_\_\_\_

4.3 The W in SQ3RW: \_\_\_\_\_

4.4 BEE: \_\_\_\_\_

4.5 SARS: \_\_\_\_\_

## **SECTION B- CASE STUDIES (Compulsory) 35 Marks**

- Answer all the questions in this section.
- Read the case studies and answer the questions that follow in full sentences.

### **QUESTION 5 (18 Marks)**

#### **The Dove Self-Esteem Project (DSEP) has launched in South Africa!!!**

##### ***Factors that may influence self-awareness and self-esteem***

Too fat, too skinny, too dark, too light, too short, too tall: everyone has insecurities about themselves that they carry from their childhood. The Dove Self-Esteem Project (DSEP) wants to change that by helping young people, especially girls, develop a positive relationship with how they look. It has reached over 20 million young people globally, and launched in South Africa in October 19 in partnership with the Department of Basic Education.

Through the DSEP, free and accredited educational tools and resources that address issues of self-esteem are available online. Anyone can access these to start positive, intergenerational conversations with young people. The programme was developed with leading experts in psychology, health, and body image.

The launch of the programme took place in Sandton on Friday and was attended by Minister of Basic Education Angie Motshekga, Unilever Executive Vice President Luc-Olivier Marquet, educational psychologists, influencers and actors and a group of schoolchildren from schools in Johannesburg.

After introductory speeches, there was a panel discussion with experts and influencers about self-esteem and the impact it has on the way we lead our lives. Panellists spoke about the self-esteem issues they grew up – to do with freckles, skin colour, body shape -, how these impacted on their lives, and how they overcame their issues. In a nutshell, self-esteem is actually based on the extent to which one has overcome the barriers towards realisation of self-awareness.

*[Adapted from <https://www.thedailyvox.co.za/> Accessed: 25 March 2022]*

5.1 Give a definition of the term self-esteem. (2)

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5.2 Discuss how a positive body image could enhance self-esteem. (2)

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5.3 Explain why a project on the development of self-esteem should be aimed at young people. (2X2)

a) 

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b) 

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5.4 The article refers to "influencers". Provide a definition of this term. (2)

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5.5 Discuss how families could influence the development of positive self-esteem in their children. (2X2)

a) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

b) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5.6 Discuss how the following factors influence your self- awareness and self-esteem. (2X2)

a) How popular you are:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

b) The media:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**QUESTION 6 (17 Marks)**

**Carbon tax revenues could be sourced to help South Africa's poor**

***Environmental issues that impact negatively on local and global communities***

Finance Minister Enoch Godongwana has announced that he hopes to force large companies and individuals to lower their emissions by increasing the carbon tax — an insignificant hike in light of the cost the environment pays in carrying the emitters' pollution.

Climate change needs urgent action by all countries as per the Paris Agreement, to keep temperature "well below 2°C" and pursue efforts to keep global temperature increase below 1.5°C. Sadly, we are currently on a path to 3°C or more. The negative impacts of climate change increase as the temperatures increase – and the poor suffer the most.

Putting a price on carbon is a key way of responding to the climate emergency. It will also raise awareness and improve reporting on emissions. The tax revenues should be used to ensure benefits to poor communities, and the tax will need to be increased over time to provide a long-term price signal to decarbonise the economy.

*[Adapted from: <https://theconversation.com> Accessed on 03 March 2022]*

6.1 Provide definitions of the following(2X2):

a) Environmental Justice:

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b) Poverty:

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6.2 List 2 human rights that are being violated by unhealthy carbon emissions. (2)

a) \_\_\_\_\_

b) \_\_\_\_\_

6.3 What is the global goal of the Paris Agreement in terms of temperature increases? (1)

\_\_\_\_\_

6.4 Discuss ONE way how poverty stricken communities could be negatively impacted upon by the rapid increase in environmental temperature. (2)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

6.5 Advise the Finance Minister how the increased finances from carbon tax could be used to help the poor. (2X2)

a) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

b) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

6.6 List 2 ways that you as an individual, can reduce environmental pollution. (2)

a) \_\_\_\_\_

\_\_\_\_\_

b) \_\_\_\_\_

\_\_\_\_\_

6.7 Discuss how can schools raise awareness of these critical environmental issues? (2)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_





### **QUESTION 8 (15 Marks)**

*“Choosing which career to study can be very confusing to learners. It is also very expensive to study at tertiary institutions, which places an additional burden for students to make good choices”.*

Consider the above and write paragraphs based on the following:

- Discuss 3 types of financial assistance you can apply for if you wanted to study at a tertiary institution. (3X2)
- Explain how community needs (2) and stereotyping impacts on career choices. (2)
- Discuss the social personality type (2) and provide an example of a career/job that suits this personality type. (1)

**OR**

### **QUESTION 9 (15 Marks)**

*“Social and environmental injustice results in people being exploited and disadvantaged. Crime and Violence are huge social injustices affecting many communities”.*

Consider this statement and write paragraphs using the following as guidelines:

- Define the concepts “Social justice” (2) and “exploited”. (1)
- Discuss 2 Human Rights that are violated when people become the victims of violence. (2X2)
- Discuss the impact of crime/violence on communities. (3X2)



