



Hillcrest High School

GRADE 8 LIFE ORIENTATION

JUNE 2023

MARKS: 70

EXAMINER: Mrs M. MCLAUGHLIN

TIME: 1 HOUR

MODERATOR: Mrs E. NAIDOO

The below table is for the marker. Please do not write in it.

Q1-Q3	15		
Q4	24		
Q5	10		
Q6	10		
Q7	11		
Total (70)			
%			

QUESTION 1

Choose the correct answer and write down the letter only in the table below.

- 1.1. "I understand how you are feeling and I feel sad because I can sense that you are also sad" is an example of:
- A. Sympathy
 - B. Empathy
 - C. Apathy
 - D. Kindness
- (1)
- 1.2. "Sexuality" refers to:
- A. the way we dress everyday
 - B. whether we are attracted to people of the same or opposite sex
 - C. the way we see ourselves as males and females
 - D. when we go out with someone.
- (1)
- 1.3. Trying to find win-win solutions to conflict is an example of which conflict style:
- A. passive.
 - B. aggressive
 - C. assertive.
 - D. passive-aggressive
- (1)
- 1.4. Intentionally not inviting someone to join you at break at school is considered to be:
- A. socially acceptable
 - B. cyberbullying
 - C. emotional bullying
 - D. part of friendship
- (1)
- 1.5. Which one of the following is NOT an example of interpersonal skills:
- A. project management.
 - B. conflict resolution.
 - C. teamwork
 - D. active listening.
- (1)

<u>1.1</u>	<u>1.2</u>	<u>1.3</u>	<u>1.4</u>	<u>1.5</u>
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QUESTION 2

Fill in the missing words in the following sentences, in the space provided.

2.1 Bullying is a form of _____ peer pressure.(1)

2.2 Our _____ is created by what we do, say, behave and post online and can have long term implications for later on in life. (1)

2.3 _____ involves the sending of information/content of a sexual nature via digital text message. (1)

2.4 A drug that is manufactured in a factory is called a _____ drug. (1)

2.5 The presence of anxiety, irritability, insomnia and others effects when one stops using a substance suddenly are usually termed _____ symptoms. (1)

Question 3:

Match the concepts in COLUMN A that best matches each statement in Column B. Write only the appropriate letter (A - G) in the table below.

Column A	Column
3.1. Visual	A. Learn or study best by listening or speaking.
3.2. Auditory	B. Classify or group information together to better understand it.
3.3. Kinesthetic	C. Learn or study best by reading things that are written down or information presented in diagram, table and graph.
3.4. Reading and writing	D. Express themselves in written and spoken words.
3.5. Verbal	E. Learn best by reading and re-readings notes and copy notes from textbooks and underline or highlight important facts in the notes or use flashcards.
	F. Learn best from hands on experiences that involve them physically while they learn.
	G. Bounce ideas off others and work through issues in a group.

3.1	3.2	3.3	3.4	3.5
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Question 4:

Examine the extract below and answer the questions that follow:

I thought it was just poor people who were drug addicts...

It took me a long time to go to a rehabilitation clinic because I thought that was for people who lived on the streets and had a real drug problem. Not me in my suburban home... little did I know it affects all walks of life. When I went to rehab, I found out that they were just like me. Some experimented out of curiosity or to ease their problems. I also thought it was only for people who had a serious drug problem like cocaine and TIK. But there were also those addicted to prescription drugs and alcohol.

Source: Anonymous

4.1) Define "*substance abuse*" (2)

4.2) Explain 3 ways in which drugs can affect you physically (3x2)

4.3) Describe 2 things that would happen in a rehabilitation centre (2x2)

4.4) Recommend TWO ways how adolescents can avoid substance abuse (2x2)

4.5) Suggest TWO practical strategies that can be implemented at schools to promote substance use avoidance (2x2)

4.6) Give an example of an inhalant substance that can be abused. (1)

4.7) Give an example of a medicine that can be addictive. (1)

4.8) Explain what family therapy is. (2)

Question 5

5.1) What does FAS stand for? (1) _____

5.2) Describe what causes a baby to be born with FAS. (2)

5.3) Describe two reasons why teenagers consume large amounts of alcohol, even before they are of legal age? (2x2)

5.4) It is good to be assertive when saying NO to peer pressure. State 3 ways you can show assertiveness with your body language. (3)

Question 6

Read the extract below and answer the questions that follow.

“I have no friends,” said a recent high school learner during an emotional therapy session. She’s not alone.

Adults often scoff and wonder how this could be. But the truth is, teenagers today feel isolated and more alone than ever. Even in the age of social media, with constant digital connection, a lack of deep friendships is creating a void.

[Adapted from <https://www.goodtherapy.org/blog/why-do-so-many-teenagers-struggle-to-form-friendships-0120184>, Accessed on 14 January 2023]

6.1) Discuss 2 reasons why teenagers feel more isolated during adolescence. (2x2)

6.2) State 1 characteristic that you feel is very important in a friendship, and explain why. (1+2)

6.3) Many friendships nowadays are formed through social media. List 3 ways in which a teenager can ensure their safety when meeting new people online. (3)

Question 7

7.1) Through what means does the government get money? (1) _____

7.2) What does SARS stand for? (1) _____

7.3) What does “excl. tax” mean when stated at the bottom of a quote or till slip? (2)

7.4) Circle the items that are VAT free:

Chocolate, energy drink, brown bread, cereal, airtime, maize meal, ice cream (2)

7.5) What should the government be doing with the tax money in South Africa? State 3 things. (3)

7.6) Explain what is meant by “tax evasion”. (2)
