

Section A

[30] marks

1. Choose the correct alternative for each. Write only the correct letter in the box below.
- 1.1 Self-awareness means.....
- A. you know your weaknesses and dislikes.
 - B. you build on your strengths and skills.
 - C. you believe in, and respect yourself.
 - D. All of the above.
- 1.2 The following is NOT a factor that influences self-esteem
- A. Your response to successes and failures.
 - B. What happens in your life.
 - C. World events.
 - D. Your perception of how popular you are.
- 1.3 Environmental injustice happens when.....
- A. people with fewer choices suffer the most from discrimination.
 - B. there is no access to human rights.
 - C. poor people have unequal access to basic resources.
 - D. you are poor.
- 1.4 George Eats Old Grey Rats and Paints Houses Yellow, is an example of
- A. being clever.
 - B. rhyming.
 - C. repetition.
 - D. mnemonics.
- 1.5 AIDS stands for....
- A. Acquired Immune Deficiency Syndrome.
 - B. Acquired Immuno Deficiency Syndrome.
 - C. Acquired Illness and Diseases Sickness.
 - D. Acquired Immune Deficiency Sickness.

(5)

1.1	1.2	1.3	1.4	1.5

2. Match the description in Column B with the word in Column A.

COLUMN A	COLUMN B
2.1 Discrimination	A. Attitudes or behaviours that are expected or thought of as normal.
2.2 Prejudice	B. A process of quickly reading over material until you find what you are looking for.
2.3 Sex	C. Unfair treatment of a person or group.
2.4 Career	D. Physiological qualities that define men and women.
2.5 Gender	E. A preconceived opinion that is not based on truth or experience.
2.6 Stereotype	F. The occupation that you have for a large part of your life.
2.7 Scanning	G. Helps you consider the viewpoint and feelings of others.
2.8 Bias	H. Socially made roles and behaviour that society sees as suitable for men and women.
2.9 Constructive Thinking Skills	I. Helps you to interpret or understand events calmly and logically.
2.10 Occupation	J. The work that you do, that usually requires special education, training and skills.
	K. To influence in an unfair way or to have a preference that prevents you from looking at the facts.
	L. An image or an idea of a particular type of person that has become fixed through being widely held.

(10)

2.1	2.2	2.3	2.4	2.5

2.6	2.7	2.8	2.9	2.10

3. Give one word or term for each of the following.

3.1 The document that is the cornerstone of democracy in South Africa, which protects the rights and freedoms of all citizens.

3.2 Money awarded to a student due to financial need or because they did well at school.

3.3 Everybody has access to enough safe, healthy and nutritious food to meet their dietary needs.

3.4 This includes the area of life of fitting in with your physical environment and being accepted by your social environment.

3.5 Money that individuals and companies must pay on what they have earned and profits that they have earned.

3.6 Being different, differences or variety of many aspects of being human (such as culture, religion, gender).

3.7 Working on behalf of others without payment for your time and services.

3.8 Treating people unfairly and differently.

3.9 The state of one who lacks a usual or socially acceptable amount of money or material possessions.

3.10 How much you like yourself and how you feel about yourself.

10 X 1 (10)

4. Write down in full what each of these abbreviations stand for:

4.1 STD -

4.2 The Q in SQ3RW -

4.3 NSC -

4.4 UNICEF -

4.5 FET -

(5)



Section B

[40] marks

5. Read the case study below and then answer the questions that follow.

Durban Xenophobia: Foreign Traders Tormented by Violence Vandals and Fear.

By Desiree Erasmus

Unconfirmed rumours of imminent, large-scale and coordinated attacks on foreign nationals in Durban's central business district have added to the fear and confusion that has gripped traders since the most recent flare-up of xenophobic violence that began in November 2020.

This, however, is cold comfort for the hundreds of traders that are no longer able to earn a living because of intimidation or the very real fear of violence.

There have been several sporadic attacks on foreign vendors and their tented stalls since November, when scores were expelled from the popular Church Walk fleamarket, next to The Workshop shopping centre, by a group calling themselves the Umkhonto weSizwe Military Veterans Association Freedom Fighters, which has as its eThekweni "coordinator" Zibuse Cele.

The most recent attacks on Monday in the city's bustling Victoria Street resulted in the torching of three vending tables and one gazebo, the vandalising of one brick and mortar shop and two foreign nationals being so seriously injured that they had to be taken to hospital.

This has again thrust the safety of foreign nationals into the spotlight in a province that has a history of deadly xenophobic flare-ups. But authorities are hesitant to name the incidents as such, rather intimidating acts of criminality or infighting between competing vendors in a desperate economic climate.

Hundreds of terrified foreign traders retreating to the Diakonia Centre, about 1.5km away. The renowned centre is a common meeting ground for those seeking human rights protection.

<https://www.dailymaverick.co.za/article/2021-03-11-durban-xenophobic-foreign-traders-tormented-by-violence-vandals-and-fear/>
Accessed 26 March 2025

5.1 Give the definition of Xenophobia. (2)

5.2 Who is Zibuse Cele? (2)

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- 5.7 The foreign traders sought human rights protection at the Diakonia Centre. Explain what human rights are, AND name two of the rights of the foreign traders that were violated. 2 + 2 (4)

- 5.8 Give one reason why the vendors are referred to as “foreign nationals”. (1)

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<https://www.sagoodnews.co.za/human-rights-day-a-reminder/>

6. Read the case study below and then answer the questions that follow.

Causes of Failure among Students by Jonah Thomas (20 May 2024)

Here are the primary causes:

1. Lack of Concentration

As the saying goes, "The body goes where the heart lies." Students who do not focus on their studies often fail. Many students who fail admit they lack interest in their subjects, leading to poor concentration.

2. Laziness

Lazy students often fail because they don't pay attention in class or study their books. Also, their lack of revision on classroom material contributes significantly to their failure.

3. Social Media:

Social media is a leading cause of failure today. Students often get absorbed in scrolling through TikTok, Instagram, and Twitter, distracting them from their studies and contributing to their failure.

4. Time Management:

Many students juggle school, extracurricular activities, and religious commitments but struggle to balance these responsibilities. Poor time management leads to academic failure.

5. Anxiety:

Fear of failure can paralyze students, affecting their mindset. Students are expected to engage in their studies diligently, but anxiety about failure can lead to poor performance.

<https://blog.schooltry.com/2024/05/20/causes-of-failure-among-students/> Accessed 26 March 2025

6.1 According to the article, there are several causes of failure among students. Explain why the writer lists Social Media as a leading cause of failure. (2)

6.2 Give the name of the type of assessment that is conducted for marks and promotion purposes. (2)

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6.3 Time management is also listed as a cause of failure. Discuss two benefits of good time management. 2 X 2 (4)

6.4 Reading is a study skill that will help prevent failure among students. List two benefits of reading. (2)

6.5 Name and discuss two memory skills. 2 X 2 (4)

6.6 Name and discuss three things that students could do to reduce their anxiety.

3 X 2 (6)



https://www.reddit.com/r/cartoons/comments/1b474nl/whos_the_most_anxious_cartoon_character/?rdt=58085

Section C

[30] marks

You must answer two essays from this section. Question 7 is compulsory, but you can choose to do either Question 8 or Question 9. Clearly label which essays you have chosen.

Your essay must be in paragraph format.

Question 7 (Compulsory)

Human trafficking has become a world-wide money-making business. Unlike drugs, humans can be sold over and over again.

In an essay discuss the following:

- The definition of human trafficking. (2)
- Reasons why people are trafficked. 3 X 2 (6)
- What a person can do to prevent human trafficking. 2 X 2 (4)
- List one human right that is violated when a person is trafficked and explain this with respect to the victim. 1 + 2 (3)

[15]

Question 8

South Africa has one of the highest HIV infection rates in the world. Unfortunately, the numbers are not decreasing.

In an essay focus on:

- The definition of HIV. (1)
- How HIV affects the person both,
 - physically 2 X 2 (4)
 - psychologically 2 X 2 (4)
- Why some people are scared to go for testing. (2)
- What can you do to prevent the spread of HIV. 2 X 2 (4)

[15]

OR

Question 9

As the world's population increases more and more rapidly, food security becomes an increasing concern for many countries.

In an essay explain:

- The concept of food security. (2)
- The reasons (other than population increase) why some countries experience food insecurity. 3 X 2 (6)
- How this food insecurity will negatively impact on the citizens of those countries. 3 X 1 (3)
- How we can reduce the food insecurities in South Africa. 2 X 2 (4)

[15]

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- | | | |
|------|----------------------------------|-------------|
| 1.1 | A | |
| 1.2 | C | |
| 1.3 | C | |
| 1.4 | D | |
| 1.5 | B | 5 X 1 (5) |
| | | |
| 2.1 | C | |
| 2.2 | E | |
| 2.3 | D | |
| 2.4 | F | |
| 2.5 | H | |
| 2.6 | L | |
| 2.7 | B | |
| 2.8 | K | |
| 2.9 | I | |
| 2.10 | J | 10 x 1 (10) |
| | | |
| 3.1 | SA Bill of Rights / Constitution | |
| 3.2 | Bursary | |
| 3.3 | Food Security | |
| 3.4 | Belonging | |
| 3.5 | Income Tax | |
| 3.6 | Diversity | |
| 3.7 | Volunteerism / Volunteering | |
| 3.8 | Discrimination | |
| 3.9 | Poverty | |
| 3.10 | Self-Esteem | 10 X 1 (10) |
| | | |
| 4.1 | Sexually Transmitted Diseases | |
| 4.2 | Question | |
| 4.3 | National Senior Certificate | |
| 4.4 | United Nations Children's Fund | |
| 4.5 | Further Education and Training | 5 X 1 (5) |

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- 5.1 Fear of dislike of foreigners (2)
- 5.2 Ethekwini co-ordinator of Umkhonto weSizwe Military Veterans (2)
- 5.3 Acts of criminality / infighting between competing vendors (2)
- 5.4 - poverty / hardship / insecurity
 - people displaced, lose homes, possessions, shops
 - unemployment
 - violence – hurt / die
 - feel unsafe
 - affects public order 2 X 2 (4)
- 5.5 KwaZulu-Natal (2)
- 5.6 - bad image
 - negative economic impact
 - stops tourism
 - stops investors 2 X 2 (4)
- 5.7 Human Rights – basic rights and freedoms that everyone deserves
 - right to Human Dignity
 - right to Equality
 - right to Freedom and Security (2)
- 5.8 They are not South African citizens (1)

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- 6.1 students get absorbed in scrolling through social media, distracting them from their studies (2)
- 6.2 Formal Assessment (2)
- 6.3 - reduces stress
 - organized
 - meet deadlines
 - better academic performance 2 X 2 (4)
- 6.4 - stimulates the mind
 - expands knowledge
 - improves reading speed
 - improves writing and thinking abilities
 - improves language
 - improves imagination (2)
- 6.5 - Repeated learning – going over material numerous times
 - Role Play – work with a friend and role play a lesson
 - Mnemonics – make up sentences to remember a list of information (4)
- 6.6 - relaxation techniques
 - stay organized
 - regular exercise
 - talk to someone
 - get enough sleep 3 X 2 (6)

Grade 10June 2025 MEMOSection C [30]

7. Human Trafficking

DEFINITION OF HUMAN TRAFFICKING AND WHAT IT MEANS TO BE TRAFFICKED

- Global illegal transport of people across international and local borders
- To be taken against your will, or tricked into going with traffickers or criminals who sell you (2)

REASONS WHY PEOPLE ARE TRAFFICKED

- For sexual exploitation and forced marriage
- To work in shops or factories for no pay
- To beg to provide money for your capturers
- To harvest and sell your organs
- To work on farms or do domestic work 3 X 2 (6)

WHAT A PERSON CAN DO TO PREVENT HUMAN TRAFFICKING

- Be aware of what is going on around you
- Be vigilant yourself – don't go with strangers
- Report suspicious activity
- Be aware of dangers 2 X 2 (4)

LIST ONE HUMAN RIGHT THAT IS VIOLATED WHEN A PERSON IS TRAFFICKED AND EXPLAIN THIS WITH RESPECT TO THE VICTIM

- Learner can list any relevant human right eg
- Violence, Forced Labour, To Move Freely, Freedom and Security
- Learner must explain how this human right is violated 1 + 2 (3)

[15]

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8. HIV

WHAT IS HIV AND HOW DOES IT AFFECT THE BODY

- Virus attacks body's immune system to the point where you become vulnerable to opportunistic diseases (1)

HOW HIV AFFECTS ONE PHYSICALLY

- Infections
- Fatigue
- Weight loss 2 X 2 (4)

HOW HIV AFFECTS ONE PSYCHOLOGICALLY

- Anxiety
- Depression
- Fear
- Stress
- Stigma 2 X 2 (4)

WHY ARE PEOPLE SCARED TO GO FOR TESTING

- Afraid of discrimination
- Afraid of the outcome – HIV = death (2)

WHAT CAN YOU DO TO PREVENT HIV

- Abstain from sexual intercourse
 - Use condoms correctly
 - Never force another person to have sex
 - Inform yourself of facts of HIV
 - Have mature, faithful, one partner relationship
 - Don't share needles
 - Don't share razor blades
 - Insist that new sexual partners are tested 2 X 2 (4)
- [15]

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9. FOOD SECURITY

CONCEPT OF FOOD SECURITY

- Food security means that everybody has enough access to enough safe, healthy and nutritious food to meet their dietary needs and preferences (2)

REASONS WHY SOME COUNTRIES EXPERIENCE FOOD INSECURITY

- Political instability/war
 - Land redistribution
 - Crops being used to create bio-fuel
 - Global warming/climate change
 - Rising inflation/recession
 - World economic crisis/poverty
 - Natural disasters
 - Ineffective farming methods
 - Loss of commercial farmers due to lack of security on farms, land claims etc
- 3 X 2 (6)

NEGATIVE IMPACT ON CITIZENS

- Increased food prices
 - Malnutrition
 - Health problems due to malnutrition
 - Hunger
- 3 X 1 (3)

HOW CAN WE REDUCE FOOD INEQUALITY IN SOUTH AFRICA

- teach people to grow their own food
 - reduce poverty
 - reduce unemployment
 - nutrition education
- 2 X 2 (4)
[15]