



HILLCREST HIGH SCHOOL

Grade 8

LIFE ORIENTATION

JUNE 2025

MARKS: 70

EXAMINER: Mr N. MAJOLA

TIME: 1 Hour

MODERATOR: Mrs M. MCLAUGHLIN

Question	Total Marks	Learner Mark	Marker
Q1 – Q3	20		
Q4	16		
Q5	9		
Q6	15		
Q7	10		
Total:	70		
%			

This Paper Consists of 10 Pages

Instructions:

1. This exam paper consists of 7 Questions.
2. Read instructions carefully and Answer all questions on this paper.
3. Write Neatly and Legibly in blue/black pen.
4. You have a total time of 1 hour, use your time wisely to be able to finish all questions.
5. Please take note of the mark allocation in each question.

Section A

Question 1 (5 marks)

1. Multiple Choice Questions: Choose the correct answer from the options below. Only write the answer letter in the table.

1.1 An example of positive self-talk would be:

- A. I must do better than this.
- B. I am not that bad at maths.
- C. I am a poor friend.
- D. I like going to movies with my friends. (1)

1.2 A style of learning where a person should use their hands and the rest of their body to explain concepts to themselves:

- A. Kinaesthetic Style
- B. Aural Style
- C. Visual Style
- D. Logical Style (1)

*1.3 Which of the following is **NOT** a factor that influences your self-concept formation:

- A. The way you see yourself.
- B. Culture & Religion
- C. The way you believe others see you.
- D. None of the above (1)

1.4 In problem solving when using the **IDEAL** steps, this means that you will?

- A. Investigate; Debate; Elevate; Assess; Repeat
- B. illustrate; Design; Explain; Apply; List
- C. Interpret; Discuss; Put Examples; Announce; Level
- D. Identify; Describe; Evaluate; Act; Look back & Learn (1)

1.5 Which one of the following is NOT an example of external motivation:

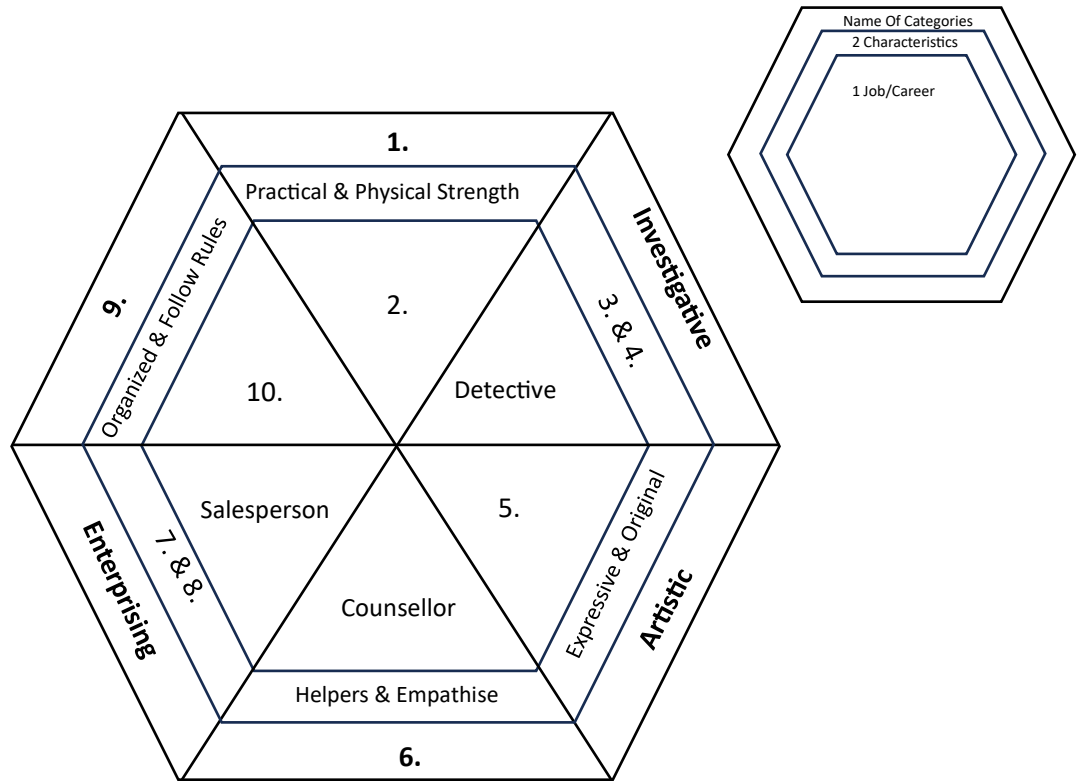
- A. Telling yourself 'you can do it'
- B. Your teacher saying you will get a sweet if you get 80% on the test
- C. Your friend saying you can come and swim at their house if you win the race
- D. Parents offering you money for doing well at school (1)

(5)

1.1	1.2	1.3	1.4	1.5

Question 2 (10 Marks)

Write in the missing numbered answers in the figure below. (Please note smaller figure on the side showing the layout)



1. _____ (1)_

2. _____ (1)_

3. _____ (1)_ ; 4. _____ (1)_

5. _____ (1)_

6. _____ (1)_

7. _____ (1)_ ; 8. _____ (1)_

9. _____ (1)_

10. _____ (1)_

(10)

Question 3: (5 marks)

Fill in the missing words in the following sentences, in the space provided.

- a) Bullying is a form of _____ peer pressure. (1)
- b) _____ is the way we feel about ourselves. (1)
- c) Your hair and eye colour are _____ characteristics (1)
- d) Attracted to someone of the opposite sex_____. (1)
- e) _____ involves the sending of information/content of a sexual nature via digital text message. (1)

(5)

Section B

Question 4 (16 marks)

Read the extract and answer the questions that follow.

“Peer pressure is causing adolescents to have sex. Adolescents think that they have to keep up with trends and behave like everyone else. If you are a virgin, others will tease you.”
“Drugs and alcohol promote risky sexual behaviour. The girls are drunk at parties and they are unaware of their actions.”
“My partner was not fond of using condoms and I was not on contraception.”
— Adolescent mothers in KwaZulu-Natal, South Africa [BioMed Central](#)

Govender, D., Naidoo, S. & Taylor, M. “My partner was not fond of using condoms and I was not on contraception”: understanding adolescent mothers’ perspectives of sexual risk behaviour in KwaZulu-Natal, South Africa. BMC Public Health 20, 366 (2020). <https://doi.org/10.1186/s12889-020-08474-2>

4.1. Identify two factors mentioned in the extract that influence adolescent sexual behaviour. (2)

_____ (2)

4.2. Explain how peer pressure can impact an adolescent's decision-making regarding sexual activity. Give an example. (2 +1)

_____ (3)

4.3. Suggest three factors that you can advise a friend to consider first when facing social pressures about their virginity. Give an example of each factor. (3x2)

_____ (6)

4.4. Choose the correct word in brackets and write it in the space provide to complete the paragraph statement to be true about Contraception (Birth Control). (5)

Abstinence is _____ (**80% / 100%**) effective in preventing pregnancy. Although many birth control methods can have high rates of _____ (**success/failure**) if used properly, they can _____ (**Succeed/Fail**) occasionally.

Some forms of birth control are called _____ (**Barrier/Receiving**) methods – such as Condoms or Diaphragms. Others interfere with the menstrual cycle because they are _____ (**Bad/Hormonal**).

Question 5 (9 marks)

Taxes in South Africa. Answer the following questions

5.1 Name one South African Social need? _____ (1)

5.2 Name one South African Economic need? _____ (1)

5.3 What does SARS Stand For? _____ (1)

5.4 Name and Explain the three main types of taxes found in South Africa? (3x2)

(6)

Question 6 (15 marks)

Read the following case study and answer the questions that follow.

Paula and Gina are friends and have recently attended a party together. At the party Paula offered Gina a marijuana joint. Gina decided to say she needed to go to the bathroom to avoid the situation. However, she is now very concerned about her friend, as Paula’s parents are also currently going through a divorce.

Source: Anonymous

6.1) Define the term “substance abuse”

(2)

6.3) What is a synthetic drug?

(1)

6.7) What does FAS stand for?

(1)

6.4) Explain TWO emotional factors that may account for Paula’s use of marijuana (2x2)

a) _____

(2)

b) _____

(2)

6.5) Recommend TWO rehabilitation options that Gina could help Paula with regards to her marijuana use. Explain how each option can help Paula. (2x2)

a) _____

(2)

b) _____

(2)

6.6) Name the first 3 Stages to becoming dependent on drugs?

(3)

