

Section A

Question 1

1.1 Various options are provided as possible answers to the following questions. Choose the correct answer and write only the letter in the space provided.

1.1.1 Which of the following is a potential outcome of unhealthy sexual behaviour?

- A. Improved self-esteem
- B. Low self-esteem
- C. Financial independence
- D. Increased social status

1.1.2 Peer pressure in school is an example of a factor that influences personal behaviour. This is most likely to come from:

- A. Family
- B. Classmates
- C. Government
- D. Media

1.1.3 Family influence on sexual behaviour includes...

- A. discussing relationship norms indirectly.
- B. setting moral values and expectations.
- C. focusing on academic achievements.
- D. allowing freedom in decision-making.

1.1.4 Abstinence means:

- A. Using contraception methods.
- B. Avoiding sexual activity altogether.
- C. Limiting the number of partners.
- D. Practising unsafe sexual behaviour.

1.1.5 Support from community structures helps prevent...

- A. communication between teenagers and adults.
- B. negative health outcomes of risky sexual behaviour.
- C. participation in extracurricular activities.
- D. awareness of traditional customs.

- 1.1.6 Which of the following is a key aspect of time-management skills?
- A. Working as fast as possible.
 - B. Avoiding any breaks during work.
 - C. Organising tasks according to priority.
 - D. Focusing on one task only without multitasking.
- 1.1.7 What does it mean to be accountable when carrying out responsibilities?
- A. Blaming others for mistakes.
 - B. Taking responsibility for your own actions.
 - C. Ignoring deadlines.
 - D. Relying on others to complete your tasks.
- 1.1.8 Which of the following is an effective way to organise your work?
- A. Keeping all tasks in your head.
 - B. Writing tasks on a to-do list.
 - C. Ignoring deadlines.
 - D. Leaving tasks until the last minute.
- 1.1.9 Which of these helps in using time effectively and efficiently?
- A. Spending too much time on unimportant tasks.
 - B. Prioritising tasks based on deadlines.
 - C. Avoiding any form of planning.
 - D. Ignoring the importance of breaks.
- 1.1.10 What is the main purpose of keeping a journal?
- A. To list your daily tasks.
 - B. To record personal thoughts.
 - C. To summarise notes
 - D. To write down answers to school exams.

(10 x 1) (10)

1.1.1	1.1.2	1.1.3	1.1.4	1.1.5
1.1.6	1.1.7	1.1.8	1.1.9	1.1.10

1.2 Choose a description from COLUMN B that matches an item in COLUMN A. Write only the letter (A–G) in the space provided.

Column A	Column B
1.2.1 Youth Day	A. A day celebrating African countries' shared history.
1.2.2 Nelson Mandela Day	B. A day that reflects South Africa's journey of healing after apartheid.
1.2.3 World Refugee Day	C. A day to honour workers and their contributions to society and the economy.
1.2.4 Africa Day	D. A day dedicated to promoting global awareness and empathy for displaced people.
1.2.5 Day of Reconciliation	E. A day to celebrate our collective power to make a positive impact on the world through service.
	F. A day used to honour the learners who fought for our liberation and the rights we enjoy today.
	G. A day dedicated to celebrating the diversity of cultures and traditions in South Africa.

(5x1) (5)

1.2.1	1.2.2	1.2.3	1.2.4	1.2.5
-------	-------	-------	-------	-------

1.3 Complete the following sentences by filling in the missing word(s). Write only the word(s) next to the question numbers (1.3.1 to 1.3.5) in the answer book.

equality;	tolerance;	fairness;	responsibility;
choice;	positive;	unethical;	dignity

1.3.1 _____ role models in a community help foster a sense of community spirit.

1.3.2 _____ involves making decisions that protect the rights and dignity of others, and is central to the South African Constitution.

1.3.3 Applying the constitutional value of _____ means treating everyone with fairness and ensuring equal opportunities for all.

1.3.4 Bad role models are individuals who demonstrate behaviour that negatively influences others, often leading to _____ choices.

1.3.5 The value of _____ encourages citizens to respect each other's opinions and to peacefully resolve conflicts.

(5 x 1) (5)

1.4 .1 What does HR stand for under the section 'World of work'?

_____ (2)



1.4.2 Name 4 basic things that you would expect to find in a job contract and explain each.

_____ (4x2)

[10]

Section B

Question 2 - Read the extract below and answer the questions that follow.

Aggressive or Assertive?	Knowing the difference between assertive and aggressive communication is essential for healthy and effective interactions. In intimate personal relationships, assertive communication shines and is the key difference between a conversation that builds and one that breaks.
 Aggressive	 Assertive
<i>[Taken from https://bayareactcenter.com/assertive-vs-aggressive/ Accessed on: 7 February 2025]</i>	

2.1 Define the term 'assertive communication'.

(2)

2.2 Explain TWO reasons why aggressive communication can be damaging to relationships.

(2 x 2)

2.3 Assess TWO ways in which a teen may successfully use assertive communication when talking to their partner about their boundaries.

(2 x 2) [10]

Question 3 - Read the extract below and answer the questions that follow.

Write your answers in full sentences.

Technical and Vocational Education and Training at Colleges are broadly defined in terms of programmes at levels 2 – 4 on the NQF and is located “at the intersection of General and Higher Education (Grade 9) and the world of work”. TVET colleges enable students to acquire knowledge, practical skills, and applied vocational and occupational competence, to enter the workforce. However, to succeed in any career, it's important to organise your work effectively. This means planning and managing your time well, setting goals, and staying on track with tasks. Additionally, understanding your responsibilities as a worker is key to any successful career.

[Adapted from <https://www.ehlanzenicollege.co.za/what-is-a-tvet-college/>
Accessed on: 5 December 2024]

3.1 Define the term 'vocation'.

_____ (1 x 2)

3.2 Provide TWO benefits of attaining a Bachelors Pass.

_____ (2 x 1)

3.3 Discuss why it is important for Grade 9s to be aware of TVET colleges as an option.

_____ (1 x 2)

3.4 Explain why organising one's work will benefit your academic performance.

_____ (1 x 2)

3.5 Discuss ONE reason why workers need to be aware of their responsibilities at work.

_____ (1 x 2)

[10]

