



LIFE ORIENTATION: GRADE 9
NOVEMBER 2014 EXAMINATION

EXAMINERS: Mrs McLaughlin

MODERATOR: Mrs Hamilton

MARK ALLOCATION: 130 marks

TIME: 2 hours

INSTRUCTIONS:

- Read through all the questions carefully and then answer each question to the best of your ability.
 - This exam has three sections, A, B and C. All questions are compulsory.
 - Write only in black or blue pen. Rule a margin on the right hand side of ALL your pages.
 - Remember to write your name and your LO teacher's name on your answer booklet.
-

SECTION A:**QUESTION 1:**

Provide the definition for the following words:

- a) NSC
- b) Manual dexterity
- c) Permaculture
- d) Volunteer
- e) NGO
- f) Extrovert
- g) Life-long learning
- h) Destitute
- i) Compromise
- j) Passive

(20)

QUESTION 2

Choose the correct answer. Only write the letter.

2.1) A way to stay true to your values is:

- A) make your own choices; don't run with the crowd
- B) respect yourself
- C) think about your goals and work towards them
- D) all of the above

2.2) Setting goals:

- A) is a bad idea because if you do not achieve them you will feel bad
- B) is a good idea because it directs your focus
- C) should only be done once in your life
- D) is done to make your parents happy

2.3) Depression is an example of a/an...

- A) incurable disease.
- B) physical disability.
- C) mental illness.
- D) weak character.



2.4) An apprenticeship is:

- A) a period of work that is part of your academic qualification at a university
- B) financial support granted on the basis of financial need
- C) a period of work where you learn the practical skills of a job or career
- D) a bad way to secure a job interview

2.5) The compulsory National Senior Certificate subjects for Grades 10 – 12 are

- A) English, Afrikaans, Xhosa and Mathematics
- B) A Home Language, a First Additional Language and History
- C) English, Afrikaans and Mathematics or Mathematical Literacy
- D) A Home Language, a First Additional Language, Mathematics or Mathematical Literacy and Life Orientation

(5)

QUESTION 3

Indicate whether the following statements are TRUE or FALSE. Choose the answer and write only 'true' or 'false' next to the question number. Give a reason if the statement is FALSE.

- 3.1) A scholarship is a form of financial assistance given to learners who display particular talent or skill and possess a record of outstanding academic, sporting or cultural achievement.
- 3.2) A student loan is a debt-free form of financial assistance that has no obligations.
- 3.3) If your parents are very clear about which career path they want you to follow, you should follow that path without questioning it.
- 3.4) Drugs and alcohol can be classified as productive coping techniques.
- 3.5) Flashbacks are a common symptom of trauma.
- 3.6) Ethics in sport means winning is all important. You do not need to abide by the code of conduct or show good sportsmanship

(10)

QUESTION 4

Choose an explanation from Column B that matches with Column A. Write only the appropriate letter (A - F) next to the question number (4.1 – 4.5). For example, 4.6. H.

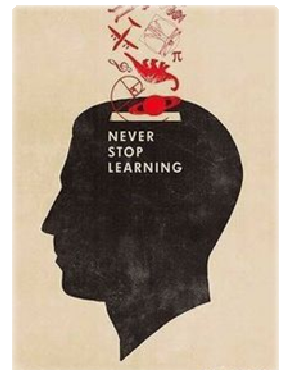
	Concept		Explanation
4.1	Denial	A	Offering something to try and change the fact that someone has passed away.
4.2	Anger	B	Blaming oneself or others for someone's passing.
4.3	Bargaining	C	Reminding family members about the good times you shared with the deceased.
4.4	Depression	D	Refusing to believe that something bad has happened or that someone has passed away.
4.5	Acceptance	E	Experiencing feelings of hopelessness, numbness or a lack of motivation due to someone's passing.
		F	Talking to others about the unresolved issues you had with the deceased.
		G	Making peace with the fact that someone has passed away and realising that life must go on.

(5)

QUESTION 5

Fill in the missing words by selecting a word out the box:

crisis	learnership	student loan
University of Technology	UNISA	



- 5.1 _____ is a tertiary institution that focuses on more theoretical aspects of training.
- 5.2 _____ is an example of a distance learning institution where one can obtain a qualification without physically attending lectures.
- 5.3 A _____ is a serious or dangerous event or a time when a situation has reached its worst point.
- 5.4 A _____ has to be paid back after you finish studying at a low interest rate.
- 5.5 A _____ is an approach that allows one to study whilst earning an income and gaining work experience.

(5)

QUESTION 6

- 6.1) Name 3 symptoms of clinical depression (3)
- 6.2) State the 5 step grief process (5)
- 6.3) Suggest 3 appropriate ways in which you could advise someone who is going through grief (3)
- 6.4) Why are children who live in child-headed households at a greater risk of suffering from depression? Give 2 reasons. (2)
- [13]

Total Section A: 58**SECTION B:****QUESTION 6:**

- 6.1) Name 2 ways that volunteering can benefit you (2)
- 6.2) Explain 3 ways in which you can get involved in helping the SPCA (3)
- 6.3) Why do you think there is such a great need in South Africa for NGO's and charities? Explain 2 reasons. (2x2)
- 6.4) Hospice provides home-based care for people with life-threatening illnesses. Describe this type of care. (3)
- [12]

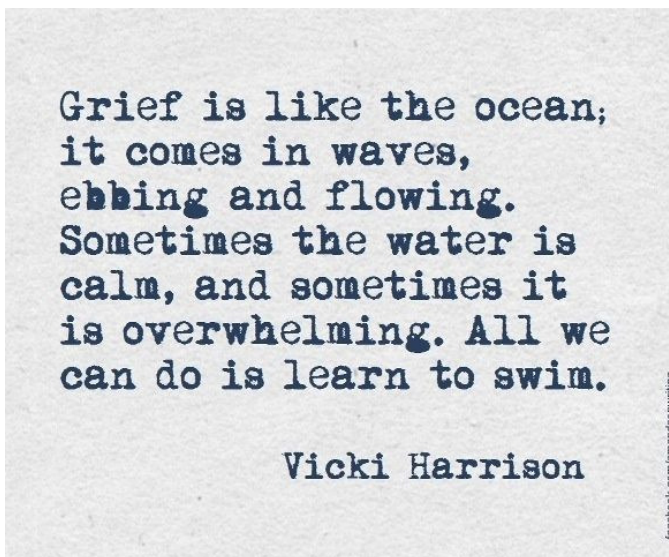
QUESTION 7:

- 7.1) Discuss how the following might contribute to an individual being violent:
- a) genetics (2)
 - b) alcohol abuse (2)
 - c) desensitisation (2)
 - d) brain injury (2)
- 7.2) How does violence affect the individual who has witnessed the act of violence? (3)
- 7.3) Name 3 warning signs that someone may be about to start behaving violently? (3)
- 7.4) Instead of getting angry and hitting someone, suggest 3 ways we can deal with violence in a calmer way. (3)
- [17]

QUESTION 8:

"A handball on the goal-line by Luis Suarez prevented Ghana from scoring in the last minute and Uruguay made it through to the World Cup Semi Final"

- 8.1) What does "being ethical in sport" mean? (3)
- 8.2) According to the above quote, what was the unethical behaviour in this match? (2)
- 8.3) Write up a code of conduct which has 5 points that could be used for sports matches. (5)
- [10]

QUESTION 9:

- 9.1) Explain 'grief' in your own words (2)
- 9.2) Why does this quote compare grief to an ocean? (2)
- 9.3) What do you think they mean by 'learning to swim'? (2)
- 9.4) List 2 ways we can 'learn to swim' whilst dealing with grief (2)

[8]

Total Section B: 47

SECTION C:**QUESTION 10:**

Write a short essay in which you discuss the options of funding your tertiary studies. (10)

QUESTION 11:

Mother Theresa, Gandhi and Archbishop Desmond Tutu are 3 people who made it their life mission to promote peace. Choose two of these people and write a short description about them. Include personal information about them as well as what they have achieved. (10)

QUESTION 12:

Briefly discuss the subjects you have chosen for grade 10, what or who influenced you to choose them, and how they relate to your plans after school. (5)

Total Section C: 25