



LIFE ORIENTATION: GRADE 9
NOVEMBER 2015 EXAMINATION

EXAMINERS: Mrs. Nell

MODERATOR: Mrs. Wild

MARK ALLOCATION: 120 marks

TIME: 2 hours

INSTRUCTIONS:

- Read through all the questions carefully and then answer each question to the best of your ability.
 - This exam has three sections, A, B and C. All questions are compulsory.
 - Write only in black or blue pen. Rule a margin on the right hand side of ALL your pages.
 - Remember to write your name and your LO teacher's name on your answer booklet.
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SECTION A:**QUESTION 1: Definitions**

Provide the definition for the following words:

- a) Palliative care
- b) Impulsive
- c) Assault
- d) Knack
- e) Post-traumatic stress disorder
- f) Prioritise
- g) Ethics
- h) Fatigue
- i) Conflict
- j) Lifelong learning

(20)

QUESTION 2: Multiple Choice

Choose the correct answer. Only write the question number and the letter. For example, 2.11) B

2.1) Which of the following is NOT an example of the impact of violence on behavior?

- A) Reduced attention and concentration
- B) Improved self-confidence
- C) Self-mutilation
- D) Nightmares and sleep disturbances

2.2) A code of conduct:

- A) is a set of personal moral standards which governs your actions and behaviour
- B) determines how you feel about yourself
- C) highlights winning as the ultimate goal
- D) Is a set of rules that people should follow on how to behave appropriately and correctly

2.3) Bullying in schools is an example of:

- A) family violence
- B) peer group violence
- C) community violence
- D) sexual violence

2.4) Depression is an example of a/an:

- A) incurable disease
- B) physical disability
- C) mental illness
- D) weak character

- 2.5) Consumer studies belongs to which learning field?
- A) Languages
 - B) Sciences
 - C) Services
 - D) Business Commerce and Management Studies
- 2.6) Which of the following is a warning sign you should look out for in people who are prone to violent behaviour?
- A) they lose their tempers regularly
 - B) they do badly at school and don't seem to care if they are punished
 - C) they prefer to talk about their issues and problems
 - D) A and B
- 2.7) Community based organisations:
- A) are all NGO's
 - B) are not usually educational in nature but rather social or environmental in nature
 - C) are based in the communities in which they serve
 - D) A and C
- 2.8) You have to do seven subjects in Grades 10, 11 and 12. Four subjects are compulsory. What is the correct term for the other 3 subjects which you choose?
- A) Non-compulsory subjects
 - B) Elective subjects
 - C) Non-appointed subjects
 - D) Optional subjects
- 2.9) Which religion is tolerant of all faiths as they believe that all paths lead to the same goal?
- A) Judaism
 - B) Hinduism
 - C) Islam
 - D) Christianity
- 2.10) If a friend tells you that he/she is depressed, you should:
- A) help him/her to get treatment. Encourage him/her to talk and find professional help.
 - B) don't talk to him/her about it. It will only make it worse.
 - C) leave him/her alone to think for a while.
 - D) tell him/her it is normal, everyone gets it, and it will go away soon.

QUESTION 3: True or False

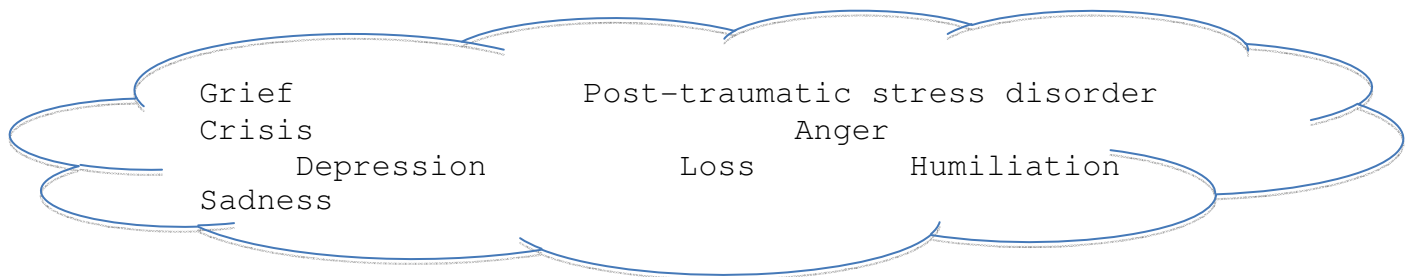
Indicate whether the following statements are TRUE or FALSE. Choose the answer and write only 'true' or 'false' next to the question number. Give a reason if the statement is FALSE.

- 3.1) In the Hindu faith, the Qur'an says "whoever kills a soul is regarded as if he has killed the whole of mankind".
- 3.2) Peace is a state of harmony.
- 3.3) Discord happens during times of peace.
- 3.4) Archbishop Desmond Tutu was Bishop of Swaziland.
- 3.5) Mahatma Gandhi's aim was to bring about peace with non-violence.
- 3.6) The Islamic holy book is called the Torah.

(10)

QUESTION 4: Fill in the blanks

Read the following sentences and complete them, filling in the blanks with one word or term from the word cloud below. Write only the appropriate word or term next to the question number (4.1 – 4.5). NOTE: You may not use each term more than once but you do not need to use all terms in the word cloud.



- 4.1) The mental illness resulting from a chemical imbalance in the brain and ineffective neurotransmission is _____.
- 4.2) _____ is the feeling one experiences as a result of some sort of loss.
- 4.3) Being affected by unhappiness and feeling sorrowful or mournful is known as _____.
- 4.4) An unpleasant, frightening or upsetting experience such as being hijacked or witnessing an accident can lead to _____.
- 4.5) A _____ is a serious or dangerous event or a time when a situation has reached its worst point.

(5x1=5)

QUESTION 5: Matching Columns

Choose an explanation from Column B that matches with Column A. Write only the appropriate letter (A - F) next to the question number (5.1 – 5.5). For example, 5.6. H. You do not need to use all of the explanations.

	Concept		Explanation
5.1	Bursary	A	An offer to help students pursuing a life-long learning course to pay for their studies
5.2	Scholarship	B	Getting a part-time job and paying your own study fees
5.3	Financial assistance	C	Granted to students who show exceptional achievement in academic, sports or any other area required by the institution
5.4	Student loan	D	Needs to be paid back once you start working
5.5	Private funding	E	Is offered by most universities in South Africa to students who qualify as needy by means of a National Means Test
		F	Granted to financially need students who have shown satisfactory academic performance
		G	Granted to high school students only

(5)

Total Section A: 50**SECTION B:****QUESTION 6:**

- 5.1) Give 3 examples of personal characteristics which may help you in the working world. (3)
- 5.2) Give 3 examples of skills which may help you in the working world. (3)
- 5.3) If you had a friend who was battling to make an important decision, name 2 pieces of advice you would give him/her to help them to reach a decision. (4)

(4)

(10)

QUESTION 7:

- 6.1) What do you call someone who willingly and without being paid gives their time and skills to a worthy cause? (1)
- 6.2) Give 3 examples of different types of activities that you could donate your time or skills to. (3)
- 6.3) Name 2 examples of non-governmental organisations. (2)
- 6.4) Suggest two possible reasons that people might choose to willingly and without pay give of their time. (2)

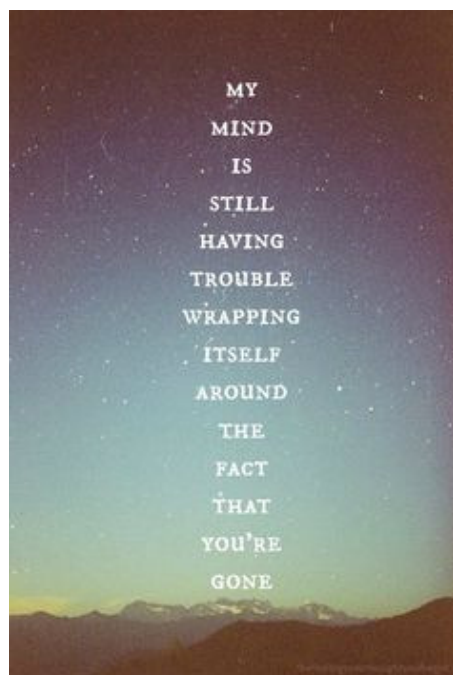
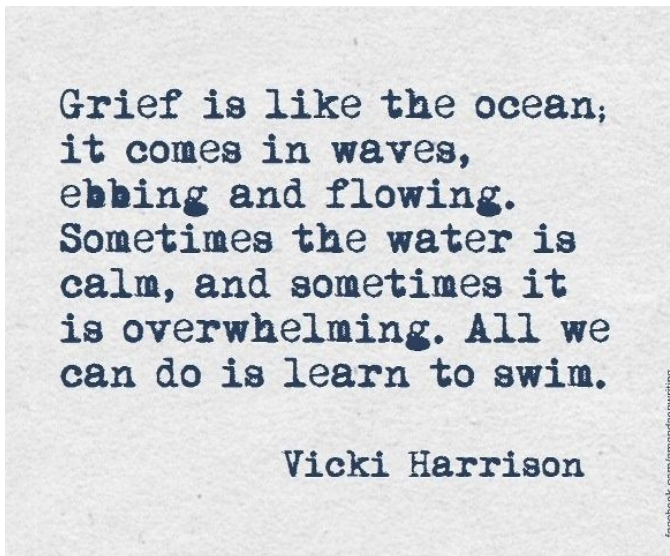
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QUESTION 8:

- 7.1) Name 3 types of violence and give an example of each. (6)
- 7.2) Explain why someone who is desensitized to violence is more likely to respond with violence to a situation. (3)
- 7.3) List 3 reasons that certain people are more likely than others to respond to situations with violence. (3)
- (12)

QUESTION 9:

Consult the words and images below and answer the questions that follow in full sentences.



"The reality is you will grieve forever. You will not 'get over' the loss of a loved one; you will learn to live with it. You will heal and you will rebuild yourself around the loss you have suffered. You will be whole again but you will never be the same again. Nor should you be the same, nor should you want to."
-Elizabeth Kubler-Ross



- 9.1 Explain 'grief' in your own words. (2)
- 9.2 Discuss any two productive coping techniques that one can employ when grieving the loss of a close friend or family member. (2 x 2 = 4)
- 9.3 Elisabeth Kubler-Ross identified five stages of grief; namely denial, anger, bargaining, depression and acceptance. Select any two of these five stages and describe the thoughts one might think that this stage of the grieving process. (4)
- (10)

Total Section B: 40

SECTION C:

QUESTION 10:



Making decisions about which subjects to study in Grades 10 – 12 can be an extremely challenging task. It is essential that one consider a number of important factors including one's interests, abilities, strengths and weaknesses and the characteristics of your future career and the subjects that best prepare you for your career path.

Write an essay on why it is important to consider each of the factors mentioned above when choosing your subjects.

(10)

QUESTION 11: CHETTY

Discuss the 6 steps to help you resolve a disagreement by talking it out, rather than resorting to violence. Name and briefly describe each step. (12)

QUESTION 12: CHETTY

Explain how ethical behavior in sport can be shown by each of the following groups of people:

- a) Coaches
- b) Parents
- c) Spectators
- d) Players

(8)

Total Section C: 30