

# LIFE ORIENTATION: GRADE 10 NOVEMBER 2018 EXAMINATION



**NAME:** \_\_\_\_\_

**LO TEACHER:** \_\_\_\_\_

**EXAMINER: MRS KOWLESUR**  
**MARK ALLOCATION: 80 marks**

**MODERATOR: MRS DAWSON**  
**TIME: 1.5 hours (90 Minutes)**

**INSTRUCTIONS:**

- Read through all the questions carefully and then answer each question in full sentences.
- This exam has three sections, A, B and C.
- Answer Sections A and B on the question paper. **Section C must be answered on the ruled paper provided.**
- Write only in black or blue pen. Rule a **margin** on the right hand side of your page for Section C.
- Remember to write your name and your LO teacher's name in the space above.

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**THIS TABLE TO BE FILLED IN BY THE TEACHERS ONLY**

A:Q1(5)	A:Q2(5)	A:Q3(10)	B:Q4(15)	B:Q5(15)
C:Q6(15)	C: Q7(15) OR Q8(15)	80	100	

**SECTION A: SHORT QUESTIONS-TOTAL 20 MARKS**

- **ANSWER ALL QUESTIONS.**

**QUESTION 1:**

(5X1=5)

Read the statements below and **circle** the most appropriate answer.

1.1 NQF is the abbreviation of

- A) National Quality Framework
- B) National Qualifications Framework
- C) National Quantity Framework
- D) National Qualifications Frame

1.2. Jobs in this sector involve taking raw materials from nature and making them into basic food and products.

- A) Primary Sector
- B) Secondary Sector
- C) Tertiary sector
- D) Natural Sector

1.3. This religion developed from the teachings of a man called Siddhartha Gautama.

- A) Hinduism
- B) Buddhism
- C) Judaism
- D) Islam

1.4. This religion teaches that Jesus is the son of God and the Saviour of humanity.

- A) Christianity
- B) Judaism
- C) Baha'i Faith
- D) Hinduism

1.5. When considering SMART goals. The "M" stands for:

- A) Measurable
- B) Maintainable
- C) Mentoring
- D) Meaningful

**QUESTION 2:**

(5X1=5)

Give the word or term for each of the following descriptions.

2.1 The internal changes during puberty, such as ovulation, menstruation and the production of sperm cells.

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2.2 This type of learning is provided by an education or training institution- it is structured and leads to a qualification and certificate.

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2.3 The skill of analyzing and evaluating information- it is the ability to think through situations carefully.

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2.4 An organized system of beliefs, ceremonies, and rules used to worship a god or a group of gods.

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2.5 This unfair practice in sport takes place when players/administrators decide before the game who will win or lose the game.

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**QUESTION 3:**

(10)

Answer the following questions in **full sentences**.

3.1 Discuss how participation in some religious or cultural practices can cause ill health(2)

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3.2 Discuss ONE way for teenagers to use social media in a responsible manner(2)

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3.3 Discuss ONE reason why it is so important to keep abreast of trends in the job market(2)

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3.4 Discuss ONE reason why it is important to engage in ongoing self-development in the working world(2)

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3.5 Discuss ONE way how participation in recreational activities can improve emotional health(2)

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**SECTION B: CASE STUDIES- TOTAL 30 MARKS**

- ANSWER BOTH OF THE CASE STUDIES THAT FOLLOW. ANSWER IN **FULL SENTENCES.**

**Question 4 (15 Marks)**

**John is 15 years old. He is in grade 10. John’s father was injured in an accident when John was 5 years old and is unable to work. His mother works long hours at 2 jobs to meet the needs of the family. John is therefore responsible for looking after his 2 younger siblings in the afternoons. He also works on weekends doing odd jobs to help the family financially. He does not have much time to do homework or to study. As a result his schoolwork is suffering.**

4.1. Provide a definition of “Life Roles” (2)

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4.2. Identify ONE life role that John has and list one of his responsibilities in this role. (2)

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4.3. What alternate arrangements can the family make to ease the pressure on John? (2)

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4.4. As an adolescent, John is experiencing physical, emotional and social changes. Identify 2 physical changes that he is experiencing. (2)

4.4.1 \_\_\_\_\_

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4.4.2 \_\_\_\_\_

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4.5. How would the situation at home affect his social relationship with his peers? (2)

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4.6. Identify 2 emotional changes that John is experiencing as an adolescent. (2)

4.6.1 \_\_\_\_\_

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4.6.2 \_\_\_\_\_

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4.7. In terms of his academics, what can the school do to assist John? (1)

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4.8. If John is exposed to peer pressure at school, suggest 2 ways that he can deal with this. (2)

4.8.1 \_\_\_\_\_

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4.8.2 \_\_\_\_\_

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**Question 5: (15 MARKS)**

**Refer to the article below and answer the questions that follow.**

Human trafficking is silently tearing South Africa apart  
30 May 2018 - 13:46 BY KGAUGELO MASWENENG

Human trafficking is real, hidden in plain sight and tearing at the social fabric of the nation as the demand for cheap labour and sexual services keeps growing, experts say. Just recently, a 37-year-old victim was rescued from alleged sex slavery after being lured from Johannesburg to Cape Town.

Chizoba Uba, 36, appeared briefly in the Bellville Magistrate's Court for allegedly trafficking the woman under false pretences.

When the woman arrived in Cape Town at the beginning of the year, she was received by the alleged suspect, kept against her will in Park Villas, Bellville, and forced into a life of drugs and prostitution.

Uba was refused bail and remains in custody pending his next appearance on July 2. Captain Philani Nkwalase said police were currently investigating other cases in the Cape Town area. Major Margaret Stafford, from the Salvation Army, said that as long as there was a market for sex slavery, the industry would continue.

"Unlike most items, you can resell a person over and over again. We are in too deep because South Africa is a source and destination country. We have slaves coming into the country from abroad while others are recruited from province to province," Stafford said. She said it had proven difficult trying to get correct statistics on human trafficking as most of the cases went unreported and the organised and underworld nature of the industry made it hard to keep record.

According to the South African National Human Trafficking Resource Line (SANHTRL) the beauty and perception of economic prosperity lures people from all over Africa and Asia with the promise of "a better life".

"We see many different forms of exploitation here, from forced labour on farms, fishing trawlers, and in domestic servitude to sexual exploitation on the streets and behind closed doors in illegal brothels."

Kgaugelo Masweneng 30 May 2018, Human Trafficking is silently tearing South Africa apart. <https://www.timeslive.co.za/news/south-africa/2018-05-30-human-trafficking-is-silently-tearing-south-africa-apart-experts-say/>

5.1 Provide a definition of Human Trafficking. (2)

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5.2 According to the article why is it so difficult to get accurate statistics on human trafficking? (2)

5.2.1 \_\_\_\_\_

5.2.2 \_\_\_\_\_

5.3 List 2 forms of exploitation as identified in the article. (2)

5.3.1 \_\_\_\_\_  
\_\_\_\_\_

5.3.2 \_\_\_\_\_  
\_\_\_\_\_

5.4 Identify and discuss 2 human rights that are violated when a person is trafficked.  
Do not just provide a definition of the right, but link the discussion to human trafficking. (2X2)

5.4.1 \_\_\_\_\_  
\_\_\_\_\_

5.4.2 \_\_\_\_\_  
\_\_\_\_\_

5.5 Discuss a solution, by the government, to deal with the increased rate in human trafficking. (2)

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5.6 Discuss what schools can do to create awareness of this problem. (2)

\_\_\_\_\_

5.7 This article is incorrectly referenced. What is missing? (1)

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### **SECTION C: ESSAYS -TOTAL 30 MARKS**

- Question 6 is a compulsory essay.
- Choose either Question 7 or 8 as your second essay.
- Remember to use the appropriate essay format. Each essay will have 1 mark allocated for the correct format.
- Write your essays on the attached paper.
- Each essay should be about 1 page in length.

#### **QUESTION 6 (TOTAL 15)**

##### **COMPULSORY ESSAY**

Very few teenagers want to be parents. Most teenagers fall pregnant by accident. Some teens who have sex know that there are ways of preventing pregnancy, but they do not use them. Other sexually active teens do not know about the different methods to prevent pregnancy.

Adapted from Oxford Successful Life Orientation Learners Book, Grade 10.

Consider the above and write an essay in which you include the following

- Definition of the word “contraception”(2)
- List 2 advantages and 2 disadvantages of the condom as a method of contraception.(2X2)
- Discuss 2 possible consequences or results of giving in to peer pressure to have sex. (2X2)
- Discuss the effectiveness of social media in creating awareness of the high rate of teenage pregnancy (2X2)

**CHOOSE EITHER QUESTION 7 OR QUESTION 8 AS YOUR SECOND ESSAY.**

#### **QUESTION 7 (TOTAL 15)**

Unfair practices and biased media coverage of sport need to be carefully analysed and critically evaluated so that these negative practices can be stopped.

Adapted from Focus Life Orientation, Grade 10

Consider the above and write an essay in which you include the following:

- Definition of the word “bias”(2)
- Discuss 2 ways to address gender bias, by the media, in sport(2X2)
- Provide a definition of Subjective umpiring in sport and provide an example(2+1)
- What can schools do to address the issue of learners taking drugs to enhance their sport performance(2X2)

OR

**QUESTION 8 (TOTAL 15)**

We are a multi-religious society. Each religion has laws or ethical traditions that show their followers the right and moral way to behave.

Adapted from Focus Life Orientation, Grade 10

Consider the above and write an essay in which you include the following:

- A definition of the term multi religious(2)
- The difference between monotheist and polytheist beliefs(2)
- Discuss 2 of the 5 pillars of Islam (2X2)
- Meditation is practiced in many religions. Discuss one benefit of meditation.(2)
- Discuss 1 challenges of living in a multi religious society.(2)
- How can Hillcrest High School encourage the acceptance of cultural diversity(2)

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**TOTAL OF PAPER: 80**