



**LIFE ORIENTATION
GRADE: 10
NOVEMBER 2021 EXAMINATION**

NAME: _____

L.O. TEACHER: _____

**EXAMINER: MRS KOWLESUR
MARK ALLOCATION: 100 marks**

**MODERATOR: MR WHITE
TIME: 2 hours**

INSTRUCTIONS:

- Read through all the questions carefully and then answer each question in **full sentences**.
- This exam has three sections, **A, B** and **C**. Answer all questions on the exam paper. This paper consists of **14** pages.
- Write **only** in **black or blue pen**. Work in pencil or any other colour will not be marked.
- Remember to write **your name and your LO teacher's name** in the space above.
- Write neatly and legibly

THIS TABLE TO BE FILLED IN BY THE TEACHERS ONLY:

A: Q1(10)	A: Q2(10)	A: Q 3(10)	A: Q4(20)	B: Q5(20)	B: Q6(15)
C: Q7(15)	OR C: Q8(15)				100

SECTION A: SHORT QUESTIONS- TOTAL 30 MARKS

QUESTION 1: MULTIPLE CHOICE

Circle the most correct option:

[10X1=10]

3.1. Natural substances that are produced in the body and that influence the way the body grows and develops is called?

- a) Hormones
- b) Puberty
- c) Adolescence
- d) All of the above

3.2. If you do not need other people's help and support, you are:

- a) Dependent
- b) Independent
- c) Interdependent
- d) Co-dependent

3.3. This refers to your well-being and ability to cope with life events:

- a) Recreation
- b) Stress
- c) Emotional health
- d) Social well-being

3.4. Living in poverty can add to a teenager's life roles because:

- a) The death rate is so high, that child-headed households are common.
- b) Many impoverished teenagers drop out of school and lose the role of learner.
- c) Parents living in poverty often cannot fulfil their teenagers' basic needs.
- d) Impoverished teenagers may have to take on volunteer work to earn money

3.5. To stay healthy and promote emotional well-being:

- a) Keep a balance: make time for study and recreation.
- b) Get physical exercise every day.
- c) Take part in events such as sports, chess, drama etc.
- d) All of the above.

3.6. RPL is the acronym for:

- a) Re-establishing Prior Learning
- b) Recognition of Prior Learning
- c) Reconnection of Private Learning
- d) Recognition of Private Learning.

3.7. The skill of analysing and evaluating information is referred to as

- a) Critical thinking
- b) Communication
- c) Assertiveness
- d) Decision-making

3.8. An organized system of beliefs, ceremonies and rules used to worship a God or a group of Gods is referred to as:

- a) Ethical
- b) Religion
- c) Tradition
- d) Values

3.9. Reincarnation is a belief in

- a) Hinduism
- b) Islam
- c) Islam and Hinduism
- d) Neither Islam nor Hinduism

3.10 The place of worship in Judaism is:

- a) Synagogue
- b) Church
- c) Mosque
- d) None of the above

QUESTION 2: IDENTIFY THE CORRECT WORD/TERM

Identify the correct word/term that fits the description below.

[10X1=10]

- 1.1. Constant learning and self-development. It is a basic requirement for career advancement.

- 1.2. This is the sector that provides services to people and businesses.

- 1.3. To get a salary and/or rank upgrade or raise.

- 1.4. A specialized job that requires unique skills and knowledge.

- 1.5. This type of learning is structured and leads to a qualification and certificate.

- 1.6. The part someone has in a family, society, or other group.

- 1.7. The harmful use of alcohol, drugs and other products.

- 1.8. Standards, morals and rules you believe in and follow.

- 1.9. To share, transfer or exchange information.

- 1.10. This skill set refers to the ability to work with numbers and do calculations.

QUESTION 3: MATCHING

Match Column A with Column B. Write the correct letter in the space below. [10X1=10]

<u>COLUMN A</u>	<u>COLUMN B</u>
1. Believe that ancestor’s spirits guide them.	A. Islam
2. Fast during sunrise and sunset during the month of Ramadan	B. Traditions.
3. Holy Book is the Kitab-i-Aqdas	C. Redress
4. Belief in the eightfold Path to Enlightenment	D. Indigenous belief system.
5. All actions have consequences	E. Stereotyping
6. Ways of thinking, behaving or doing something that have been used by the people in a particular group, family or society for a long time.	F. Ethical
7. Following accepted rules of behaviour, morally right and good.	G. Baha’i Faith
8. To correct something that is unfair or wrong.	H. Karma
9. Believing unfairly that all people or things with a particular characteristic are the same.	I. Bias
10. Believing that some people or ideas are better than others.	J. Buddhism

<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>

SECTION B: CASE STUDIES- TOTAL 40 MARKS

- USING FULL SENTENCES, ANSWER ALL QUESTIONS.

QUESTION 4: CAREER AND CAREER CHOICES

[20 MARKS]

Refer to the article below and answer the questions that follow.

South Africa has shifted from a primary and secondary economy in the mid-twentieth century to an economy driven primarily by the tertiary sector in the present day which accounts for an estimated 65% of GDP or \$230 billion in nominal GDP terms.

The country's economy is reasonably diversified with key economic sectors including mining, agriculture and fisheries, vehicle manufacturing and assembly, food processing, clothing and textiles, telecommunication, energy, financial and business services, real estate, tourism, transportation, and wholesale and retail trade.

Adapted from <https://www.globaltenders.com/economy-of-south-africa.php>
Teenactiv 2019

- 4.1 Provide a definition of the “Primary Sector” and give 2 examples of jobs/careers in this sector. [2+2]

- 4.2 Provide a definition of the “Secondary Sector”. [2]

- 4.3 Discuss the role the secondary sector plays in connecting the primary and tertiary sectors. [2]

4.4 Identify which economic sector the following belong to:

Real estate: _____ [1]

Food processing: _____ [1]

4.5 Provide a definition of scarce skills. [2]

4.6 Discuss 2 trends in the global market. [2X2]

4.7 "Automation is a factor that has led to the decline of some jobs". Explain this statement. [2]

4.8 Evaluate the disadvantages of choosing a job that is very popular or in demand. [2]

QUESTION 5: UNFAIR PRACTISES IN SPORT

[20 MARKS]

Refer to the cartoon below and answer the questions that follow.



Source: Teenactiv 2018

5.1 Define the term “Drug-Taking in sport”. [2]

5.2 Discuss 2 reasons why athletes take drugs. [2X2]

5.3 Discuss how the slogan “ win at all cost” can lead to negative practises like drug taking in sport. [2]

5.4 Define the following terms: [2X2]

Match-fixing:

Subjective Umpiring:

5.5 Provide 1 example of maladministration in sport. [1]

5.6 Unfair practices in sport can result in spectator violence. Discuss 2 ways to prevent/curb spectator violence. [2x2]

5.7 Identify a positive role model in the world of sport and explain why they inspire youth in a positive way. [1+2]

SECTION C: ESSAYS

[TOTAL 30 MARKS]

- **QUESTION 6 IS COMPULSORY.**
- **FOR YOUR SECOND ESSAY, CHOOSE EITHER QUESTION 7 OR QUESTION 8.**
- **YOU WILL ANSWER YOUR ESSAYS IN THE PAGES ATTACHED AT THE END OF EACH QUESTION.**
- **YOUR ANSWERS MUST BE IN PARAGRAPHS.**
- **IT IS NOT NECESSARY TO SHOW ANY PLANNING.**
- **TWO MARKS PER ESSAY WILL BE ALLOCATED TO YOUR FORMAT.**

QUESTION 6:

[TOTAL 15]

COMPULSORY

“The South African Constitution is considered to be one of the best in the world because it promotes human rights. One of these rights is the right to practice your chosen religion. There is a diversity of religions in the country-we are a multi-religious society”

(Focus Life Orientation. Grade 10.)

Consider the above and write paragraphs on the following:

- A definition of the concept “multi-religious”, and a discussion of 1 benefit of living in a multi religious society. [1+2]
- An explanation of the concept “initiation” and a discussion of the initiation rituals in African traditional religion for males. [1+3]
- A discussion of 1 tradition in Judaism, Christianity and Hinduism. Please specify clearly which tradition is aligned to a specific religion. [3X2]



[Accessed from: <https://www.cartoonstock.com> on 09 October 2020]
Teenactiv 2020

Consider the above cartoon and write paragraphs on the following:

- Define the term adolescence and discuss why this is a difficult period for young people. [1+2]
- Mention 2 physical changes that all genders face during puberty. [2]
- Discuss 2 emotional changes during adolescence [2X2]
- Discuss 2 self-care strategies that teenagers could implement to help them cope with physical or emotional changes during adolescence. [2X2]

OR
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QUESTION 8:

[TOTAL 15]



<https://www.bankmycell.com/blog/smartphone-addiction/>
Accessed 15 September 2021

Consider the above and write paragraphs using the following guidelines:

- How does an addiction to screen time impact on our physical well-being. [2]
- How does an addiction to screen time impact on family relationships. [2X2]
- Identify one type of social media and discuss 3 safety precautions when communicating on social media. [1] + [3X2]

PLEASE PLACE A TICK NEXT TO THE ESSAY YOU ARE CHOOSING:

QUESTION 7		<u>OR</u>	QUESTION 8	
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