

LIFE ORIENTATION: GRADE 9

NOVEMBER 2022

EXAMINATION



NAME: _____ Grade: _____

LO TEACHER: _____

TOTAL MARKS: 70 Marks

TIME: 1 Hour

EXAMINER: Mrs E Naidoo

MODERATOR: Ms Vos

Instructions to learners:

- Read all questions carefully and all questions are compulsory.
- This is a WRITE ON paper!
- Answer each question in full sentences.
- Write neatly and legibly.
- Use a black or blue pen.

<u>Sec A</u>	<u>Sec B</u>	Q4 (10)	<u>Sec C</u>	Q6 (15)
Q1/Q2 (25)	Q3 (10)		Q5 (10)	
<u>TOTAL:</u>				
70				

Section A

Question 1 – Choose the best option for the following multiple-choice questions.

1.1 How many fundamental subjects are there in the FET phase?

- A. four
- B. five
- C. six
- D. seven

1.2 Which of the following will benefit a teen dealing with the death of a loved one?

- A. Consuming drugs
- B. Eating a lot of food
- C. Isolating oneself
- D. Talking to a counsellor

1.3 NGO stands for...

- A. No Government Organisation
- B. Non-Governmental Organisation
- C. Government Education and Training
- D. Further Education and Training

1.4 Which of the following is an example of problem-solving skills?

- A. Ignoring
- B. Procrastination
- C. Collaboration
- D. Shouting

1.5 Counterproductive coping techniques can be...

- A. constructive to the grieving process
- B. beneficial to a person's work ethic
- C. useful to one's mental state
- D. damaging to a person's health

(5)

1.1	1.2	1.3	1.4	1.5
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1.6 Complete the following sentences by filling in the missing word(s). Write only the word(s) next to the question number (1.6.1 to 1.6.5) in the answer book.

anger; denial; trauma; happiness; bargaining;
ease; increase; dangers; benefits

1.6.1 _____ is the stage of grief where someone may feel aggression and rage.

1.6.2 _____ can be described as a deeply distressing or disturbing experience.

1.6.3 _____ is the stage of grief where one negotiates to try and change what happened, or even try to replace the pain with something else.

1.6.4 Having help in times of crisis can _____ the consequences of trauma.

1.6.5 Actively seeking psychological help has many immediate and long-term _____.

(5)

Question 2

2.1 Choose a description from COLUMN B that matches an item in COLUMN A.

Column A	Column B
2.1.1 Passion	A. not being good at achieving something
2.1.2 Weakness	B. a natural ability to do something
2.1.3 Strength	C. the process of receiving instruction
2.1.4 Education	D. acquiring knowledge or skills
2.1.5 Aptitude	E. a beneficial quality or attribute of a person
	F. a great love for something
	G. an inability to do a task

(5)

2.1.1	2.1.2	2.1.3	2.1.4	2.1.5
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2.2 Provide the definition for the following terms/words:

2.2.1. Bursary -

_____ (1)

2.2.2 Maltreatment -

_____ (1)

2.2.3 Intimate -

_____ (1)

2.2.4 Assaults -

_____ (1)

2.2.5 compromise -

_____ (1)

2.3 Subject choices are usually difficult to make at the end of grade 9.

2.3.1 List the four compulsory subjects you would have to take in grade 10 to 12.

_____ (4)

2.3.2 Which subject that you listed above, does not count for points in university.

_____ (1)

(15)

Section B - Question 3 - Read the extract below and answer the questions that follow:

Does Social Media Use Cause Depression?

How heavy Instagram and Facebook use may be affecting kids negatively

Is using social media making us happy? Evidence is mounting that there is a link between social media and depression. In several studies, teenage and young adult users who spend the most time on Instagram, Facebook and other platforms were shown to have a substantially (from 13 to 66 percent) higher rate of reported depression than those who spent the least time.

Does that mean that Instagram and Facebook are causing depression?

(Adapted from <https://childmind.org/article/is-social-media-use-causing-depression/>
Accessed 30 June 2022)

3.1 Provide TWO physical symptoms of depression.

(2)

3.2 Discuss TWO reasons why the use of social media may cause depression among teens.

(2x2)

3.3 Suggest TWO practical ways how teens can manage their social media usage to decrease the risk of depression.

(2x2) (10)

Question 4 - Read the extract below and answer the questions that follow.

CAREER OPTION: VETERINARIAN

Veterinary Surgeons, or vets as they are commonly known, diagnose and treat diseases and injuries in animals. They perform surgery on animals and inoculate against infectious diseases. The type of work performed depends on the area in which they have specialised.

There are plenty of employment opportunities for veterinarians in South Africa who often work in the following places: private practice, veterinary research institutes, zoos, wildlife centres, colleges and universities, government agencies and diagnostic laboratories.



Get the Required Qualifications

To become a veterinarian in South Africa, you will typically need the following qualifications:

1. Certificate (National Senior Certificate with a Bachelor's Degree pass)
2. Bachelor's Degree (Bachelor of Veterinary Science)

You will be required to demonstrate competency in the following subjects:

- English
- Mathematics
- Physical Sciences
- Life Sciences

Veterinarians in South Africa typically study for a minimum of 6 years. This includes pursuing a Bachelor of Veterinary Science programme that involves four and a half years of studying the core veterinary curriculum followed by one and a half years of work integrated training and a research project.

[adapted from [Veterinarian - HW Careers SA \(hw-careers.co.za\)](http://www.hw-careers.co.za)]



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4.1. Name TWO elective subjects that a learner would have to choose at the end of grade 9 in order to study veterinary science.

_____ (2)

Section C

Question 5 -Read the extract below and answer the questions that follow:

About CANSA Shavathon

CANSA Shavathon is one of South Africa's best-loved events in support of a very worthy cause that shows solidarity with those affected by cancer. Losing one's hair is a common side-effect of cancer therapy – so shaving your head has become a symbolic gesture of support for cancer survivors.

CANSA is committed to connecting people facing cancer with information, day-to-day help as well as the emotional support they need in the community. Our aim is to ensure that cancer survivors and their loved ones don't have to face cancer alone.

Volunteers and donations help to continue the fight against cancer in South Africa and brings South Africa closer to the challenge of a cancer-free society within our generation.

*(Adapted from <https://shavathon.org.za/about-cansa-shavathon/>
Accessed on 10 September 2022)*

5.1 Define the term *terminal illness*.

(1)

5.2 Discuss two ways the youth can assist NGOs that support those suffering from terminal illnesses within their community.

(2x2)

5.3 Recommend ONE way schools can assist their learners in dealing with grief after the death of a family/friend due to a terminal illness.

(2)

5.4 People with terminal illnesses usually require **palliative care**. Explain this term.

(2)

5.5 Define the term hospice.

(1)

(10)

Question 6 – Essay

An anti-bullying campaign has been launched at your school which aims to educate learners on how to resolve conflict without resorting to violence, understanding the underlying causes of violent outbursts, the consequences of bullying on a victim, as well as offering advice for learners who experience or witness bullying at school.

Study the posters and answer the questions that follow.



